



INTERVIEW WITH A TEEN VAMPIRE

SELENA GOMEZ IDENTIFIES WITH HER CHARACTER
IN THE UPCOMING MOVIE HOTEL TRANSYLVANIA

PAGE 28

TONIGHT'S JACKPOT

\$30 Million

estimated



LONDON

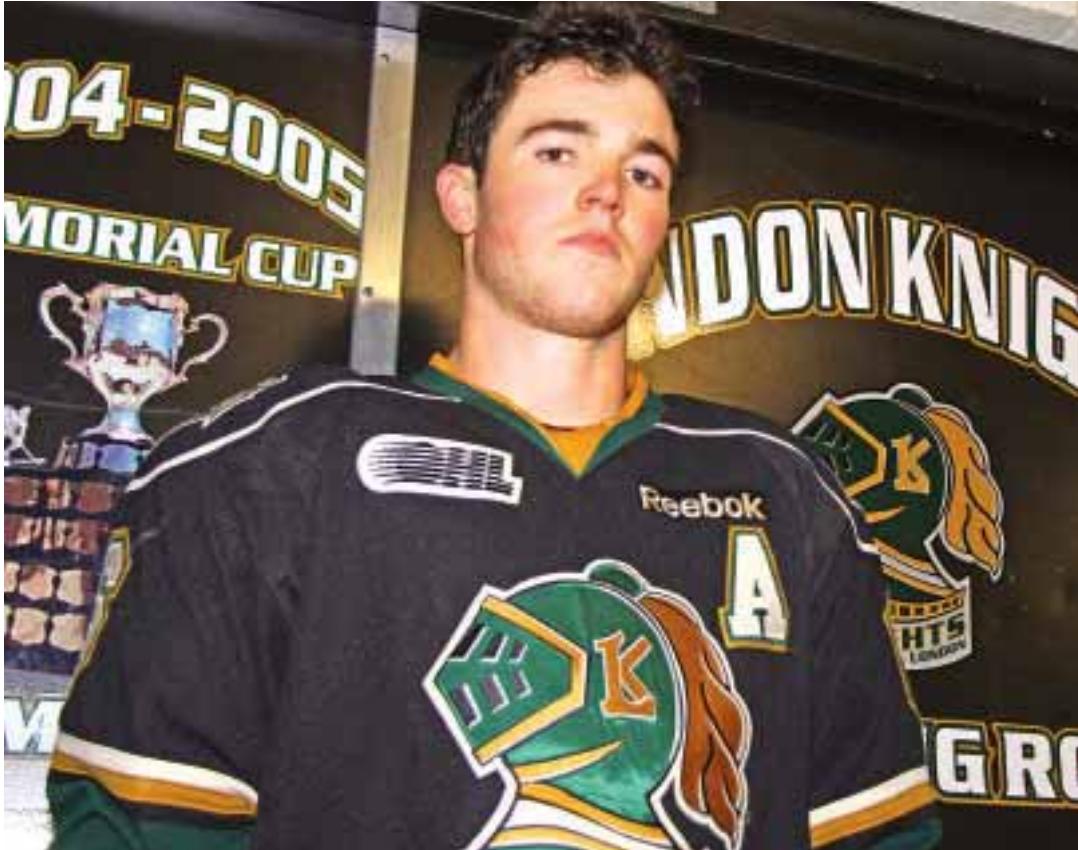
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WEEKEND, September 21-23,
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News
worth
sharing.



LETTER UPGRADE

Defenceman Scott Harrington, seen here wearing one of his alternate captain jerseys from last season, is the newest captain of the London Knights, the club announced on Thursday. The Knights kick off the 2012-13 season on Friday night at Budweiser Gardens against the Erie Otters. For a look at this year's team, see pages 17-24 and check out reporter John Matisz's blog at metronews.ca. JOHN MATISZ/METRO

Party line

Beer4Breakfast. Police chief sends message to reality-show producers searching for campus party animals



ANGELA
MULLINS

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Police Chief Brad Duncan has a stern warning for the trio behind a contest urging students to throw "outrageous" house parties.

"Are you kidding me?" Duncan said after watching a snippet from a trailer at Beer4Breakfast.ca. "Should that party even remotely land in London, they're going to have some visitors wearing blue because we won't tolerate that."

The boys in blue will be armed with the city's new nuisance bylaw, which gives officers more power over unruly shindigs.

Hosts of the web-based reality series have set their sights on London, listed as one of the 13 cities where "casting" is planned.

With Fanshawe College and Western University only kilometres from each other, London seems like a perfect candidate for the best party town in Canada.

If you've ever gone to university or college in Canada,

Animal House revisited

- Beer4Breakfast hasn't launched, but recently filmed a pilot episode in Hamilton.
- The hosts — a bartender, photographer and DJ — promise to do more than rate each party. The series website says they will provide everything students need to get wild and crazy. The pilot episode is scheduled for release next month.

or anywhere for that matter, you've involved yourself in a conversation regarding which school throws the most epic house party," host Michael McCrudden says in the trailer. At that point another host, identified only as Parks, chimed in with his pick: "London, Ontario. Hands down."

Um, no, Duncan said.

"We've been through it. We've lived it for nine years," he said about wild parties in student neighbourhoods.

McCradden did not respond to requests for an interview.

Exclusively online

To watch the Beer4Breakfast trailer, go to metronews.ca.



What does your freedom
look like?
Turn to page 9.

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Police report to target cyclists on sidewalks

Laying down the law.

Some residents say city bylaw should be more strictly enforced



ANGELA MULLINS

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Police brass are expected to table a report next month outlining how many people have been ticketed for riding their bicycle on a sidewalk in the past few years.

The report comes after Coun. Paul Hubert suggested this week that a "blitz" might be in order. Several city residents, speaking during a Sept. 10 committee meeting, aired frustration that police are lax in enforcing a bylaw that requires cyclists be on the street.

"Someone said maybe fines are so high that police officers are embarrassed to issue tickets," Mayor Joe Fontana said during Thursday's police services board meeting where he requested the statistics.

Violators are subject to a \$135 fine.

After the meeting, deputy police chief Brent Shea said he's not aware of the price tag being an issue among officers.

Officers "use their discretion" when it comes to issuing tickets for such offences, Shea



Mayor Joe Fontana CONTRIBUTED

said, noting he hasn't looked into the issue.

"That might be an offence where you see more discretion used as opposed to levelling a fine," he said.

Shea explained why some people might think police aren't doing their part.

"I suppose we could hear that comment (from) someone who happened to be driving to work this morning and watched (another) car drive through a stop sign beside them or through a red light" without getting a ticket, he said.

"The reality is, we can't be everywhere, all the time, for all offences. It's clearly related to resources."

The report about tickets given to cyclists will be presented at the Oct. 18 police services board meeting.

In other news

- **Weapons offences.** London police are reporting an eight per cent increase in the number of weapons offences through Aug. 31 when compared to the first eight months of 2011.

- **In numbers.** While the jump is a concern, police stressed that the percentage represents only 12 additional offences, bringing the total so far this year to 170.



A cyclist makes his way along Richmond Street as a woman waits at a bus stop Thursday afternoon. Some people, including at least one city councillor, say police aren't doing enough to enforce a bylaw that prohibits bicycles on sidewalks. ANGELA MULLINS/METRO

1 NEWS

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The art and science of slime

Shannon Robertson, 12, a Grade 8 student at London's St. Bernadette Separate School, slimes it up Thursday during a slime-stretching contest at the BiOlympics. The event, hosted at Centennial Hall, was organized by TechAlliance to mark National Biotechnology Week. More than 100 seventh- and eighth-graders competed in a series of challenges. Students from Orchard Park Public School were crowned the winners. ANGELA MULLINS/METRO

Local charities benefit on Garden's 10th year

To celebrate its 10th anniversary, Budweiser Gardens is giving back.

Two local charities will benefit from the venue's anniversary fundraising, Art for All Kids and the George Bray Sports Association.

"Our goal was to make a local contribution that would benefit both the arts and sports," said Brian Ohl, general manager of Budweiser Gardens.

Art for All Kids is a volunteer organization that provides free art classes to children who can't afford extra-curricular programs in the arts. The George Bray Sports Association provides a hockey league for chil-

Details

Anniversary events start Oct. 8 and run all week, including a Budweiser Garden open house from 5:30 to 9:30 p.m. on Oct. 10. Participants are asked to enter through Gate 1.

dren with learning, emotional, social, and physical disabilities.

"We liked these charities because they aren't as high profile, and they would most benefit from the funds

that we raise," Ohl said.

Fundraising for the charities will include 50/50 tickets sales during Knights games and a silent auction at Budweiser Garden's fundraising gala Oct. 11.

The venue will also be accepting donations at its open house on Oct. 10. The event includes a behind-the-scenes look at Budweiser Gardens, visits to the locker-rooms and a meet-and-greet with London Knights and London Lightning players.

The 10th-anniversary charities were chosen in association with the London Community Foundation.

AMANDA GRANT/FOR METRO

Liberals move to freeze wages for Ontario public service executives

'Symbolic.' Finance minister has warned that everyone paid by Ontario taxpayers can expect a two-year wage freeze in their next contact if they don't agree to one now

in the Ontario civil service, 98 per cent of whom qualified for a performance bonus in 2010.

The government cannot say how many people in the broader public sector will be affected by the legislation, or how much it will save by freezing their pay, but says freezing the pay of civil service managers will save about \$12 million a year.

"Dollar-wise these are modest," admitted Duncan. "Symbolically they're important."

The Progressive Conservatives have been demanding a legislated wage freeze for the broader public sector to help eliminate the \$13-billion deficit, and said Duncan "missed the mark completely" with his announcement.

The Tories supported the minority government's bill imposing a new deal on public school teachers earlier this month, but couldn't say Thursday if they would vote in favour of Duncan's proposed new legislation.

The salary cap and eliminating managers' bonuses were first put forward by the New Democrats, who said their original legislation would have been tougher on senior bureaucrats and public sector

Exceptions

The proposed legislation won't cut incomes for the 150 public sector managers who already make more than the proposed capped amount of \$418,000 — including hydro executives and hospital CEOs — and will also allow exemptions for jobs such as chief nuclear officer at Ontario Power Generation.

executives and would have saved more money.

"If they're going to steal our ideas, I wish they'd steal more than just the headline and actually look at the meat of our proposals," said NDP Leader Andrea Horwath.

"He's basically entrenching the bonuses that were received. He's not getting rid of them."

The Canadian Union of Public Employees said the Liberals are sending "the absolute wrong message" by preparing to freeze worker's wages instead of raising corporate taxes, especially on the big banks.

"This is political double speak. This is unfair and unreasonable," said CUPE Ontario president Fred Hahn.

"This is all a set up so they can freeze low paid workers at their wages, and at the end of the day that's not going to help the economy."

THE CANADIAN PRESS

Quoted

"We don't need symbolism in Ontario today.... We need to freeze, we need to fix and we need to reduce, and I see no sign of this."

PC finance critic Peter Shurman

Targeted?

Police use gang unit in Limberlost shooting

London police have called on their street gang unit in an investigation of a shooting early Wednesday morning.

A 20-year-old man was hit by a bullet while walking near Limberlost Road and Fairfax Court shortly after midnight. He was treated at the hospital for a non-life threatening injury and released.

Police are trying to determine if the shooting was a random act, an accident, a case of mistaken identity, or targeted. METRO

Joe Bonamassa

Blues-rock royalty coming to London

Guitar great Joe Bonamassa is coming to London this spring.

The blues musician, who got his start playing in the band Bloodline, a supergroup made up of The Doors and Allman Brothers offspring, will perform at the RBC Theatre at Budweiser Gardens on May 4, 2013.

Bonamassa is touring to support his No. 1 album, Driving Towards the Daylight.

Tickets cost between \$70 and \$90 and go on sale Friday at 10 a.m. at budweisergardens.com. METRO

Observatory

Over the moon at Western

Turn your eyes to the sky Saturday, it's international observe the moon night.

In celebration of the event, Western University's department of physics and astronomy is welcoming Londoners at the Cronyn observatory, hosting talks and displaying lunar meteorites.

Visitors will also be able to look at the moon using Western's Perkin-Elmer reflecting telescope (weather permitting).

The event runs from 6 to 10 p.m.

For more information, visit uwo.ca. METRO



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War-zone birth comes as surprise to servicewoman

Baby conceived before tour of duty. British soldier stationed in Afghanistan unlikely to face censure

Hours after a British soldier in Afghanistan told medics she was suffering from stomach pains, the Royal Artillery gunner unexpectedly gave birth to a boy — the first child ever born in combat to a member of Britain's armed forces.

Britain's defence ministry said Thursday the soldier told authorities she had not been aware she was pregnant and only consulted doctors on the day that she went into labour.

The soldier, who arrived in Afghanistan in March, delivered the child Tuesday at Camp Bastion, the vast desert camp in southern Afghanistan's Helmand province where Prince Harry is

deployed and a Taliban attack last week killed two U.S. Marines.

"Mother and baby are both in a stable condition in the hospital and are receiving the best possible care," the ministry said in a statement. It said a team of doctors would fly out to Afghanistan in the coming days to help the soldier and her son return safely to Britain.

The U.K. does not allow female soldiers to deploy on operation if they are pregnant. Although the soldier's child was conceived before her tour of duty began in March, she is not likely to face censure.

Britain has previously sent female soldiers home from wars after they have fallen pregnant — including about 60 from Afghanistan, but hasn't previously had a servicewoman go into labour in a war zone.

THE ASSOCIATED PRESS

Giving pregnant pause

- Maj. Charles Heyman, a retired officer and author of *The British Army Guide* said the unexpected birth would cause some concern at the base.
- "This sort of thing makes life difficult for everyone else, but the important thing is the welfare of the female soldier. This could have gone wrong and we don't know if the attack on Camp Bastion might have forced the birth," said Heyman.
- Heyman said it may have been "that the excitement of the tour masked the symptoms of the pregnancy."



Troop names foundling Pola

In this picture made available by the Operations Command of Poland's Defense Ministry in Warsaw on Thursday, a newborn baby girl which Polish soldiers found on Wednesday abandoned on the road of an armoured patrol in southern Afghanistan receives attention in Waghez, Afghanistan. Named Pola — for Poland — by the troops, the baby girl has been examined by military doctors and was to be handed over to Afghan pediatricians and authorities.

MARCIN GIL/POLAND'S DEFENSE MINISTRY/THE ASSOCIATED PRESS

Paris

Islamic arts take wing at Louvre

The Louvre Museum is unveiling a new wing and galleries dedicated to the arts of Islam, culminating a nearly \$130-million, decade-long project coming to fruition amid tensions between the Muslim world and the West.

The new dragonfly-shaped building marks the famed Paris museum's greatest development since its iconic glass pyramid constructed 20 years ago. The Department of Islamic Art will exhibit much of the Louvre's 18,000 works, hoping also to foster cultural understanding.

The wing, with its mission of heightening cross-cultural understanding, is opening at a tense — and perhaps opportune — time.

THE ASSOCIATED PRESS



A woman examines a ceramic tile wall at the Louvre museum. REMY DE LA MAUVINIÈRE/THE ASSOCIATED PRESS

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Birth control. Implants, IUDs urged for teen girls

Teenage girls may prefer the pill, the patch or even wishful thinking, but their doctors should be recommending IUDs or hormonal implants — long-lasting and more effective birth control that you don't have to remember to use every time, the leading U.S. gynecologists' group said Thursday.

The IUD and implants are safe and nearly 100 per cent effective at preventing pregnancy, and should be "first-line recommendations," the American College of Obstetricians and Gynecologists said in updating its guidance for teens.

Both types of contraception are more invasive than the pill, requiring a doctor to put them in place. That, and cost, are probably why the pill is still the most popular form of contra-

Need-to-know

- An IUD is a small piece of plastic inserted in the uterus that can prevent pregnancy for up to 10 years. An implant is a matchstick-size plastic rod that releases hormones. It is placed under the skin of the upper arm and usually lasts three years.

ception in the U.S.

But birth-control pills often must be taken at the very same time every day to be most potent. And forgetting to take even one can lead to pregnancy, which is why the pill is sometimes only 91 per cent effective.

THE ASSOCIATED PRESS

Quebec

Alleged getaway driver nabbed in theft of poker champ

Police have arrested a 21-year-old Gatineau, Que., man suspected of being a getaway driver in an armed robbery of a Quebec poker champion.

Police say two men forced their way into Jonathan Duhamel's Boucherville, Que., home on Dec. 21, 2011, where they beat him and stole more than \$100,000 and jewelry.

Duhamel became famous after winning the 2010 World Series of Poker in Las Vegas, taking home \$8.9 million.

JOE LOFARO/METRO IN OTTAWA
WITH FILES FROM THE CANADIAN PRESS

PQ makes good on vow to scrap tuition-fee increase

Quebec. Decision comes after 'Maple Spring' that saw student protests erupt across province

The tuition increase that triggered such social strife in Quebec was cancelled Thursday during an action-packed first full day in office for the Parti Québécois government.

The new government repealed the fee hike, by decree, in its first cabinet meeting less than 24 hours after coming to power.

Student leaders cheered the news.

Premier Pauline Marois has

Quoted

"Together we've written a chapter in the history of Quebec. It's a triumph of justice and equity."

Martine Desjardins, head of the Federation des Étudiants Universitaires du Québec student association



Student leader Martine Desjardins, left, responds to reporters' questions at a news conference on Thursday in Quebec City. Desjardins applauded the news the Parti Québécois is scrapping the province's contentious tuition increase.

JACQUES BOISSINOT/THE CANADIAN PRESS

year.

Marois said she will not decrease funding for universities and will make good on a promise to hold a summit on how to fund universities within her first 100 days as premier.

The government policy entering that meeting will be to suggest indexing future fee increases to the rate of inflation.

That would raise tuition by a rate of around one to three per cent most years — compared with the 84 per cent increase over seven years planned by the previous Charest government.

But Marois' inflation-index policy is not set in stone. Some students are pushing for zero tuition, as exists in some other countries. THE CANADIAN PRESS

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Making scents of chaos

Afghan agriculture.

You've heard about the Jasmine Revolution — here's one that started with orange blossoms

 **KIERON MONKS**
Metro World News

Can perfume rebuild a shattered country? Barbara Stegemann says yes. The Canadian entrepreneur has given international development a chic twist, buying fair-trade herbs from crisis-hit nations to create her perfume line, The 7 Virtues.

The mission began in Afghanistan. After a soldier friend was wounded, Stegemann wanted to prove that economic empowerment could undermine the country's heroin economy and the Taliban that controls it. The path led to Jalalabad, a city famous for its orange blossoms, and a struggling supplier.

"He was about to give up," Stegemann recalls. "It was a financial risk but I wanted to show that another way is possible." She invested \$2,000 and, in 2010, launched her Afghanistan Orange Blossom fragrance. The first batch sold out and she soon secured financing through the hit TV show Dragon's Den.

The investment allowed her supplier to develop his business and take on more staff. In turn,

Petal power



"We don't often have a way to touch peace, yet we own voting and buying power."

Barbara Stegemann, founder of The 7 Virtues Beauty Inc., on female empowerment through local development



Initiatives such as Stegemann's can have a profound impact on Afghan women and children, development workers say. CONTRIBUTED/YOUSAF SALI

This brought new investment in traditional Afghan products.

"This type of foreign involvement has made a positive change for the crafts," said Waheed Khalili, director of the Turquoise Mountain Institute for Afghan Arts and Architecture. In three years, employment has grown 70% in the industry, he says.

Development NGOs believe such projects can have a lasting impact. "Giving ordinary Afghans the chance to find stable, legal work allows them to plan for the future, to improve their lives and that of their children," said Fernando Soares, deputy executive director of Mercy Corps. "This helps lay the foundations for a peaceful and productive Afghanistan."

The 7 Virtues has also made female empowerment an issue. Stegemann's suppliers are leading employers of women, and the profits have helped to expand schools for girls. Stegemann wants to see more female influence at home, too, and sees her perfume as a route into politics.

The scents are becoming more ambitious. The latest blends Israeli and Iranian ingredients for an anti-war protest. Stegemann is also lobbying Israeli politicians to help her establish a Palestinian distillery. But the causes are too important for politicians alone. "Citizens have to take action," she says. "If you stay the course, you will see results."

Q&A

'The potential is huge'



Roses have been cultivated for centuries in Afghanistan. CONTRIBUTED/YOUSAF SALI

What is the tradition of Afghan perfume?

The first rose was distilled here and the oil has been used in Islamic medicine for centuries. The Jalalabad region was known for its gardens full of flowers and native plants, and the culture of making compounds from them.

How difficult is it for farmers to switch to perfume from poppy?

It's not easy to convince them because the poppy is quick and has more value. But the rose flowers here are the next best and the government has given subsidies for the first three years for farmers who switch, because that is how long it takes for them to bloom. If there is a group of farmers who switch together, the Taliban cannot fight them.

What is the future for your business?

Industrialized distillation is still new here and we have problems with energy and electricity. But the potential is huge and now we know the market will expand and employ more people.


ABDULLAH ARSALA
Perfume distiller in Jalalabad



Looking into the future: Jalalabad-based distiller Abdullah Arsala says he believes perfume-making will expand as a positive business in war-torn Afghanistan. CONTRIBUTED/ABDULLAH ARSALA

Conflict. Perfume of peace

Stegemann is not the first to create a scent with a message. French perfume maker Francois Coty used his cosmetics empire to launch a fascist party before the Second World War, and became a hugely influential political figure.

More recently, Israeli-German photographer Daniel Josefsohn created the "MoslBuddJewChristHinDao"

fragrance in an effort to promote religious tolerance, later shortened to the easier "Unifaith."

With the U.S. election campaign in full swing, the perfumers at Bliss have made it an "eau-lection" with scents for both candidates. Supporters can show their colours by choosing between "Mint Romney" and Orange "O'bama."

KIERON MONKS/METRO WORLD NEWS



Jews and Muslims alike can enjoy a whiff of "Unifaith." CONTRIBUTED/DANIEL JOSEFSOHN

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31.5% of kids in Canada overweight or obese

Report. Number of at an all-time high

Almost a third of Canadian children are either overweight or obese, says a report from Statistics Canada that bases its figures on the World Health Organization method of determining ideal weights for youth around the globe.

Using data from the 2009-2011 Canadian Health Measures Survey, the federal agency says 31.5 per cent of children aged five to 17 — or an estimated 1.6 million individuals — are overweight or obese.

The proportion was slightly higher among younger youth. Almost 33 per cent of five- to 11-year-olds were overweight or obese, compared to 30 per cent of those 12 to 17.

The percentage of kids who were overweight — but not obese — was similar across age groups.

The proportion of Canadian kids and teens who are

Boys

The study found boys are struggling more than girls to control their weight.

- **Obesity.** According to the WHO definition 15.1 per cent of boys are obese compared to eight per cent of girls.
- **Kids.** The gender gap is particularly noticeable in the five-to-11 age group, with three times more boys considered obese (19.5 per cent) than girls (6.3 per cent).
- **Teens.** The difference was less pronounced among those aged 12 to 17, with 10.7 per cent of boys and 9.6 per cent of girls considered obese.

overweight or obese has not changed much in the last few years — although experts say the level is at all-time high, and unacceptable so.

THE CANADIAN PRESS



Giffords gets shuttle flyover

Space shuttle Endeavour, sitting atop the shuttle aircraft carrier, is shown in Austin Thursday. It did a flyover of the Arizona home of Gabrielle Giffords. The ex-congresswoman, who was injured by a gunman in 2011, is married to Mark Kelly, Endeavour's last commander.

COURTESY OF LARA EAKINS/THE UNIVERSITY OF TEXAS AT AUSTIN/THE ASSOCIATED PRESS

Government

Wind power still controversial

A wind power developer says the federal government is treating his industry differently than it treats other energy sources such as the oilsands.

Last summer, Health Minister Leona Aglukkaq announced a \$1.8-million study on the health effects of wind turbines.

John Andrews of wind developer IPC Energy

in Ontario asked if the department was doing a similar study involving the oilsands, he was told the oilsands come under provincial jurisdiction.

Andrews points out wind power is also regulated entirely by the provinces.

The energy source is highly controversial in Ontario.

Provincial Conservatives have called strongly for a moratorium on any further development.

THE CANADIAN PRESS

CANFORGEN

Military turns off information tap

Members of the Canadian military have been told to tighten the screws and withhold information, even though it may not be sensitive or a threat to national security.

The unusual directive, known as a CANFORGEN, was written last year by the country's deputy top commander in response to a media story examining

National Defence finances.

The 2011 Ottawa Citizen newspaper story looked at lapsed funding — cash the department was unable to spend on capital projects — and came at the height of the last federal election campaign.

It was deemed to have contained "information that was not meant for wider or public consumption," but the data had not been designated either secret or protected.

THE CANADIAN PRESS



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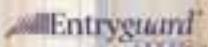
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A group of Amish walk to the courthouse in Cleveland on Thursday for the hate-crimes trial. THE ASSOCIATED PRESS

Amish convicted of hate crimes in brutal hair attacks

Cut off. Religious dispute pitted children against parents; attacks terrorized the normally peaceful settlements

Sixteen Amish men and women were convicted Thursday of hate crimes including forcibly cutting off fellow sect members' beards and hair in a religious dispute that offered a rare and sometimes lurid glimpse into the closed and usually self-regulating community of believers.

A federal jury found

Mastermind

Samuel Mullet Sr. wasn't accused of cutting anyone's hair. But prosecutors said he planned and encouraged his sons and the others, mocked the victims in jail-house phone calls and was given a paper bag stuffed with the hair of one victim.

Samuel Mullet Sr. guilty of orchestrating the cutting of Amish men's beards and women's hair last fall. His followers were found guilty of carrying out the attacks.

Prosecutors and witnesses described how sons pulled their father out of

bed and chopped off his beard in the moonlight and how women surrounded their mother-in-law and cut off 2/3 metres of hair, taking it to the scalp.

All the defendants are members of Mullet's settlement near the West Virginia panhandle. Prosecutors say the defendants targeted hair because it carries spiritual significance.

One bishop told jurors his chest-length beard was chopped to 3.8 centimetres of his chin.

In another attack, a woman testified that her own sons and a daughter cut her hair and her husband's beard.

THE ASSOCIATED PRESS

Zion National Park

Climber dies making a rappel in 'the Subway'

A 74-year-old man was found dead after spending a night hanging upside down on his climbing ropes at Zion National Park, park superintendent Jock Whitworth said Thursday.

The climber was making a rappel in the Subway, a popular and demanding canyoneering route about 400 km south of Salt Lake City. His partner was not able to free the man, who was found hanging from a drop-off.

THE ASSOCIATED PRESS

James Holmes. Batman massacre suspect smiles, but stays quite in court

The suspect in the U.S. theatre rampage June 20 that killed 12 people in one of the worst mass shootings in the country's history smiled and glanced around the courtroom Thursday, a marked difference from his dazed appearances in the past. The shocking orange hair was gone, but he remained silent.

Prosecutors gave up their fight to see a notebook sent by suspect James Holmes to a psychiatrist. They didn't want to delay the proceedings.

Defence attorneys have said Holmes is mentally ill and that the notebook, sent to Dr. Lynne Fenton, shouldn't be released because of doctor-patient privilege.

Fenton last saw Holmes professionally on June 11 before seeing him again in court on Aug. 30.

Prosecutors argued that the notebook is fair game, saying Holmes planned to be dead or in prison after the shooting rampage and had no plans to undergo therapy.

Fifty-eight people were wounded as the gunman roamed the darkened theatre.

THE ASSOCIATED PRESS

Visit by UN officials stirs large protest led by Buddhist monks

Sri Lanka. Flocks of protesters complain country is being unfairly criticized for poor human-rights record

Hundreds of Sri Lankans protested Thursday against a visit by UN officials to discuss

human-rights issues during the country's civil war.

Monks led about 300 protesters from the Buddhist nationalist National Heritage Party during the demonstration opposite a local UN office. They complained Sri Lanka is being unfairly criticized for a poor human-rights record as the war was ending in 2009.

They alleged the visit was

a step toward subjecting Sri Lanka to an international war-crimes investigation.

Three representatives from the UN human-rights commission have met Sri Lankan officials and ethnic Tamil politicians and seen areas ravaged by war on their visit.

A UN report found evidence the government and Tamil Tiger rebels committed

rights violations during the war. It said tens of thousands of civilians may have been killed in the final stages of the fighting, though there are no clear estimates available.

The UN Human Rights Council adopted a resolution earlier this year urging Sri Lanka to investigate alleged war crimes committed by both sides.

THE ASSOCIATED PRESS



Sri Lankan monks participate in a protest outside the United Nations office in Colombo, Sri Lanka, on Thursday. CHAMILA KARUNARATHNE/THE ASSOCIATED PRESS

Fashion shoot. Photo exhibit with nuns, graves causes protest by Poland

Poland protested a Ukrainian photo exhibition Thursday, featuring models dressed as Catholic nuns posing next to the graves of Polish soldiers — an incident that threatened to upset close ties between the two neighbours as Kyiv relies on Warsaw's help in its push to integrate closer with the European Union.

The protest came during a visit by Polish President Bronislaw Komorowski, who is pressing Ukraine to commit to European democratic and human-rights standards if it wants to join the European club.

On Friday, Komorowski and Ukrainian President Viktor Yanukovich are to unveil a memorial outside Kyiv to thousands of Polish officers killed by Josef Stalin's secret police at the start of the Second World War.

The photographs, taken by a Ukrainian fashion magazine and displayed at a museum last week, showed the women striking pro-

vocative poses next to a bare-chested young man and against the backdrop of crosses at a cemetery in the western city of Lviv. The graves are of Polish soldiers who died when Poles and Ukrainians battled for control over Lviv in the wake of the First World War.

Poland's Foreign Ministry said Thursday that its diplomats in Lviv protested "the impropriety of the exhibition, which could hurt feelings and provoke controversy" and were able to get the exhibit closed.

"It was horrible, it insults the memory of soldiers, of the state, of everyone," said Emil Legowicz, a leader of the Polish community in Lviv. He speculated that the exhibit was organized by certain "political forces" in order to sabotage Polish-Ukrainian relations ahead of Ukraine's hotly contested parliamentary election next month.

THE ASSOCIATED PRESS

Philippines

1,000-year-old village unearthed

Archaeologists have unearthed remnants of what they believe is a 1,000-year-old village on a jungle-covered mountain top in the Philippines with limestone coffins of a type never before found in this Southeast Asian nation, officials said Thursday. National Museum official Eusebio Dizon said the village on Mount Kamhantik, near Mulanay town in Quezon province, could be at least 1,000 years old based on U.S. carbon-dating tests done on a human tooth found in one of 15 limestone graves he and other archaeologists have dug out since last year.

Washington

U.S. gears up to sell eight Apache helicopters to Indonesia

The United States is planning to sell eight AH-64/D Apache helicopters to Indonesia.

Secretary of State Hillary Rodham Clinton says the sale will strengthen the U.S.-Indonesian partnership and improve efforts to maintain security in Southeast Asia.

Clinton made the announcement after meetings with Indonesian Foreign Minister Marty Natalegawa at the State Department.

She said she notified Congress of the deal Thursday.

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American war resister turns herself over to U.S. authorities

Seeking refuge.

Soldier living in Toronto came to Canada in 2007 to avoid service

An American soldier who sought refuge in Canada after she became disillusioned with the Iraq war has turned herself over to the United States.

The War Resisters Support Campaign says Kimberly Rivera was immediately arrested, detained and transferred to U.S. military custody after presenting herself at the border.

The group says Rivera is now waiting to be transferred to a different military facility where she faces punishment for being absent from her unit.

It also says Rivera's husband and her four children crossed the border separately so the kids wouldn't have to see their mother being detained.

The secretary to Immigration Minister Jason Kenney has confirmed the deportation and

Petition

Roughly 19,000 people signed an online petition protesting her deportation order and rallies were held in Canadian cities Wednesday calling on the government to let Rivera stay in the country.

says the Harper government doesn't believe Rivera will be persecuted in the U.S.

Rivera, who lived in Toronto with her family, came to Canada in 2007 to avoid further U.S. military service.

Ken Marciniec of the War Resisters Support Campaign says two other Iraq war resisters who were deported in the past faced year-long jail sentences for desertion.

Rivera told reporters last month that her biggest fear about being deported was being separated from her young children, and having to sit in a prison, for being against the Iraqi conflict. **THE CANADIAN PRESS**



A number of people hoisting placards and waving peace signs gather for an eleventh-hour protest against the planned deportation of U.S. war resister Kimberly Rivera in Toronto, Wednesday. Rivera turned herself over to U.S. authorities on Thursday. **THE CANADIAN PRESS/LUC RINALDI**

Pussy riot. Band member's husband seeking U.S. human rights sanctions

The husband of one of the imprisoned members of the Russian punk rock band Pussy Riot wants U.S. sanctions against Russian officials involved in prosecuting the musicians.

Petya Verzilov was meeting on Thursday with U.S. lawmakers and aides involved in drafting legislation that would target Russian officials linked to human rights abuses. Verzilov is married to band member Nadia Tolokonnikova.

The punk band members were sentenced in August to two years in prison for performing an irreverent song mocking Russian President Vladimir Putin inside Moscow's main cathedral.

Verzilov hopes the legislation could be used to pressure Russian officials to release his wife and others.

"They are greatly afraid of having their bank accounts shut off," he said. **THE ASSOCIATED PRESS**

Lawsuit

Pastor seeks to preach after dark

A street preacher sued Thursday to block a New Orleans ordinance that restricts religious or political speech on Bourbon Street after dark.

In his federal lawsuit, pastor Paul Gros claimed the city's "aggressive solicitation" ordinance sets unconstitutional limits on free speech.

A violation of the ordinance is a misdemeanour punishable by up to six months in jail and a \$500 fine. **THE ASSOCIATED PRESS**

PQ 'bothered' by accused shooter's media access

The Quebec government is examining how accused killer Richard Henry Bain was able to speak to the media from a detention centre.

The Parti Québécois' new public security minister says he's bothered that the man accused of shooting two people at a PQ victory rally on election night had access to a radio audience.

Bain called a Montreal station on Wednesday and small snippets of a 38-minute inter-

view were aired on English- and French-language stations of the Astral Radio network.

The accused shooter reportedly told the network he'd had a vision from God that Montreal should become its own province and separate from Quebec. He did not want to talk about events on election night — just about his political views.

On his way into Thursday's cabinet meeting, Public Security Minister Stéphane Bergeron said he will investigate whether

a prisoner should have access to a phone in order to transmit messages through the mass media.

"It seems worrisome to me," Bergeron said. "I'll look into it and get back to you."

"The question is whether a prisoner should have access to that type of platform to express himself in the public arena."

Radio station CJAD said Bain called from the infirmary of his Montreal detention centre. **THE CANADIAN PRESS**

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A man reacts to tear gas fired by police, during clashes that erupted as protesters tried to approach the U.S. Embassy, in Islamabad, Pakistan, Thursday. MUHAMMED MUHEISEN/THE ASSOCIATED PRESS

Obama, Clinton speak out on anti-Islam film debacle with TV ad

Pakistan. Islamabad's American Embassy takes steps to ease controversy over U.S.-produced movie

The American Embassy in Islamabad, in a bid to tamp down public rage over the anti-Islam film produced in the U.S., is spending \$70,000 to air an ad on Pakistani television that features President Barack Obama and Secretary of State Hillary Rodham Clinton denouncing the video.

The State Department said Thursday the embassy had compiled brief clips of Obama and Clinton rejecting the contents of the movie and extolling American tolerance for all religions into a 30-second public service announcement that is running on seven Pakistani networks. Obama and Clinton's comments, which are from previous public events in Washington, are in English but subtitled in Urdu, the main Pakistani language.

Department spokeswoman Victoria Nuland says in the advertisement.

THE ASSOCIATED PRESS

said the aim was to get the messages to the widest possible audience in Pakistan, where tens of thousands of protesters angry about the film tried to reach the U.S. embassy before being turned back by Pakistani police. She said embassy staffers had decided the ads were the best way to spread the word. The seven networks have a potential audience of 90 million people, she added.

"The sense was that this particular aspect of the president and the secretary's message needed to be heard by more Pakistanis than had heard, and that this was an effective way to get that message out," Nuland told reporters in Washington. The ads are not running in other countries, she said.

In the ad, Obama is seen talking about America's tradition of religious tolerance and Clinton is seen saying that the U.S. government had nothing to do with the video that contains vulgar depiction of the Prophet Muhammad. "We absolutely reject its content and message," Clinton says in the advertisement.

THE ASSOCIATED PRESS

Serbia. Suspect acquitted for setting U.S. Embassy ablaze; given reduced sentence

A Serbian court on Thursday acquitted the prime suspect charged with setting fire to the U.S. Embassy in Belgrade in 2008, but convicted him of the lesser offence of stealing property from the building and sentenced him to a year in prison.

A Belgrade high court judge said there was no evidence that Milan Zivanovic, 24, took part in the burning of the embassy when Serb rioters stormed it on Feb. 21, 2008, in anger over Washington's support for the statehood of Kosovo, the predominantly ethnic Albanian

province that had declared independence from Serbia.

But the judge said Zivanovic, a university student, took part in the stealing of a leather jacket and gloves that belonged to an embassy employee. One assailant was killed in the fire set by the attackers.

The attackers, mostly soccer hooligans, threw stones and flares at the embassy building, breaking windows and setting it on fire. The extremists also attacked other Western embassies in the Serbian capital.

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U.S.-Muslim relations

Protests suggest Muslims as angry at U.S. as 4 years ago

Images of angry mobs in Arab cities burning American flags and attacking U.S. diplomatic posts suggest the Muslim world is no less enraged at America than when President George W. Bush had to duck shoes hurled at him in Baghdad.

But more than three years after President Barack Obama

declared in Cairo that he would seek "a new beginning" in U.S.-Muslim relations, a closer look reveals strides as well as setbacks.

One U.S.-led war is over and another is receding, although there are questions about whether America has made lasting gains in Afghanistan. The Arab Spring revolution, a spontaneous combustion that happened independent of Western influence, has given people new power and hope as well as democratic elections.

But peace between Israel



Protesters hold a banner depicting U.S. President Obama.
MOHAMMAD SAJJAD/THE ASSOCIATED PRESS

and the Palestinians is nowhere in sight, Iran is seen as a menace and broad mistrust with America is still explosive across much of the Muslim world. THE ASSOCIATED PRESS

Fox News

Blooper gone bad?

Arrrrgh: Fox News Channel used a joke picture of President Barack Obama sitting with a man in full buccaneer regalia to suggest Thursday that the president was more interested in meeting with a pirate than in conducting foreign policy.

The network later tweeted a clarification to the bloopers.

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Air Canada prepares for hiring spree

1,100 jobs available.

Positions include flight attendants, customer service agents and baggage handlers

Air Canada says it will hire about 1,100 employees across a number of fields, including 200 at its new low-cost carrier.

The airline said Thursday the jobs are part of its strategy to "seize new commercial opportunities, enhance customer service and renew our workforce."

Air Canada says it will hire about 400 flight attendants and some 500 airport customer service agents and baggage handlers. Sixty customer service agents will be hired for call centres in Montreal and Toronto.

"This recruitment program is consistent with our focus on controlling costs to become more competitive in our vari-

Job postings

- Air Canada says information on the job postings can be found at aircanada.com/careers, adding that applications can be filled out online.

ous markets," said president and CEO Calin Rovinescu. "At a time when youth unemployment is nearly 15 per cent in Canada, we are pleased to offer exciting career opportunities that will especially appeal to young people."

The company cited attrition as one of the main drivers behind the hiring of customer service agents and flight attendants. In addition to the hires at the main airline, the company will hire about 150 flight attendants and 50 pilots for its low-cost airline, slated to launch in 2013.

THE CANADIAN PRESS



Catering to global gamers

A visitor demonstrates Sony's head-mounted display HMZ personal 3D viewer, which provides a 3-D theatre of music videos, movies and games, at the Tokyo Game Show on Thursday. As smartphones, tablets and other computer-like devices lure people away from the once-dominant consoles devoted to video games, one show participant predicted emerging nations will make up 80 to 90 per cent of the game market in a decade. Yoshikazu Tanaka, founder of rapidly growing Gree Inc. — which has risen to stardom through social games, often played on smartphones — said while game consoles will not catch on in some developing nations, people there do have mobile phones, presenting opportunities for Gree. KOJI SASAHARA/THE ASSOCIATED PRESS

Labour negotiations

CAW reaches deal with GM

The Canadian Auto Workers said Thursday evening that it has reached a tentative agreement with General Motors. The CAW had warned earlier in the day that it was prepared to issue a strike notice at GM if talks didn't progress.

The union reached a deal with Ford earlier this week. It is still in talks with Chrysler, but said Thursday it is making some progress and that the company seems more willing than it was to reach an agreement.

THE CANADIAN PRESS

Market Minute

DOLLAR
102.41¢ (-0.21¢)

TSX
12,409.25 (-26.91)

OIL
\$91.87 US (-\$0.11)

GOLD
\$1,770.20 (-\$1.50)

Natural gas: \$2.80 (+4¢)
Dow Jones: 13,596.93 (+18.97)

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Retail. Reitmans says it can withstand Target's arrival north of border

Women's clothing retailer Reitmans says it's not worried about Target coming to Canada. Chief executive Jeremy Reitman says they've withstood increased competition from U.S. companies before, pointing to Walmart and The Gap.

Reitman says industry observers have previously predicted increased competition would cause the demise of Canada's largest publicly traded apparel company.

But he says Reitmans has done well as the popular U.S. chains have driven traffic to malls and big box outlets where its retail network operates.

Reitman told a CIBC investor conference in Montreal that "we thank God for Walmart." He adds many of its various retail store brands are located in the same shopping areas. Target will replace Zellers stores, which Reitmans said doesn't generate much traffic.

Like many apparel companies, Reitmans has faced the challenges of a tough economic environment and higher fuel and food prices that reduce discretionary spending

By the numbers

925

Reitmans has 925 stores in Canada, under the Reitmans, Smart Set, RW & CO., Thyme Maternity, Penningtons and Addition Elle banners.

on non-essential items.

Its revenues and profits fell in the second quarter and it says that the third quarter will be affected by problems with a new warehouse management system at its distribution centre that caused two weeks of delays in product shipments to stores.

The computer crashes were harmful but the new system will allow Reitmans to dramatically cut the time to process merchandise and allow it to do so with far fewer employees.

In addition to adding and refurbishing stores, Reitmans has launched an e-commerce business that allows customers to shop online and have products delivered to their homes or the nearest retail store. **THE CANADIAN PRESS**



Happy (iPhone) campers

Joseph Cruz, 19, right, from Staten Island, N.Y., waits outside Apple's Fifth Avenue store on Thursday in New York City. Cruz started camping last Friday to be one of the first to get the new iPhone 5, which goes on sale at stores in the U.S., Canada and seven other countries Friday.

BEBETO MATTHEWS/THE ASSOCIATED PRESS

Takeover. Nexen shareholders support deal with Chinese firm

The head of Nexen Inc. pitched the benefits of a takeover by a Chinese company Thursday even as the Calgary-based oil and gas company's shareholders overwhelmingly voted to support the politically charged deal.

Still faced with the task of winning approval from the federal government, interim chief executive Kevin Reinhart said the takeover wasn't

the end for Nexen — which is active in Alberta's oilsands, the North Sea and elsewhere.

Reinhart said China National Offshore Oil Company will keep the Nexen name and expand the role of the company's Calgary headquarters to manage not just Nexen's assets but also some \$8 billion of the Chinese company's other assets in North and Central America.

THE CANADIAN PRESS

U.S. online market

Google predicted to top Facebook in display ad revenue

A research firm estimates that Google will surpass Facebook in display advertising revenue this year, beating every other company with a 15.4 per cent share of the U.S. market. EMarketer said it expects Google Inc. to rake in \$2.31 billion US of revenue from online display ads. These are more lucrative than the text-based ads that appear next to search results and account for the bulk of Google's revenue.

THE ASSOCIATED PRESS

Single-serve coffee

Starbucks debuts Verismo brewer

Starbucks Corp. is turning up the heat on the single-serve coffee market. The Seattle-based company says it will start selling its new single-serve brewer online this week for \$199 US. The machine will be rolled out in its ubiquitous cafés next month. The arrival of the Verismo comes amid intensifying competition in the piping hot market for single-serve brewers and the coffee pods they use.

THE ASSOCIATED PRESS

AU Optronics Corp.

Firm fined \$500M in price-fixing case

A Taiwanese company has been fined \$500 million US and two of its former top executives sentenced to three years in prison for their leading roles in a global LCD screen price-fixing conspiracy. The sentences handed down Thursday by a U.S. judge are among the harshest penalties ever given in an antitrust criminal case.

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TAKING A BIG GULP OUT OF THE BIG APPLE



THE LIST
Paul Sullivan
metronews.ca

It's time again for the Metro List, your one-stop shop for conversational tidbits that make you the coolest cat around the cooler.

1 **Hockey Night in Canada — NOT.** The billionaire owners have locked out the millionaire players, cancelled the pre-season and could cancel the entire season. The rest of us may have to turn to football or soccer ... or get a life.

2 **The topless Duchess.** Variation on that Hans Christian Andersen tale about the Emperor's new clothes. Only in this remake, the paparazzi invade the Duchess of Cambridge's privacy and her husband the Duke is not even a little amused.

3 **Cross-border crossover.** Top U.S. retailer Nordstrom brings its shopping experience to Canada, announcing stores in Vancouver, Calgary, Toronto and Montreal. Hopefully, the Competition Bureau won't make the chain lower the quality of its service and jack up the prices so Canadian retailers can compete.

4 **As of Friday, your device is obsolete.** Apple starts selling the iPhone 5 in Canada Friday. For \$699 you get a phone that's half an inch longer. Doesn't seem like much, but don't tell the two million people who pre-ordered it in the U.S. I guess size still matters.

5 **Speaking of size.** As of this week, the mayor of N.Y.C. bans any big sugary drink over 16 ounces. Big Gulp banned in the Big Apple, and it's not even Boston. Start spreadin' the news.

6 **Then there's Tupelo Honey.** Turns out Mississippi is the fattest place in North America, with 34.9 per cent of its citizens considered obese. That's nuthin'. By 2030, after another 18 years of BBQ, 66.7 per cent of adults in the Hospitality State will be obese. I wouldn't get too smug; an estimated 1.6 million Canadian kids are overweight, and the Big Gulp is still freely available on any street corner.

7 **This kid's not all right.** Consider the case of Maygan Sensenberger, the wife of Sen. Rod Zimmer. She's 23, barely an adult; he's 69, barely sentient. At least, you have to wonder why else he'd marry someone 46 years his junior. Whatever, the honeymoon's over: Thursday, she pleaded guilty to causing a disturbance last month on a Saskatoon-bound flight, while a charge of threatening her husband was withdrawn. Maybe she wanted to go to Miami.

8 **Voyager has left the building.** In fact, Voyager 1, which was launched from Cape Canaveral 35 years ago, has left the whole damn solar system, the first human-made device to go into deep space, where no one has gone before. Literally. If aliens ever do intercept the Voyager and listen to the music included on board, they'll have to try to figure out a species that listens to Mozart, Stravinsky ... and Blind Willie Johnson.



Mississippi gets an 'F' for fat. The state is the most obese place in North America. GETTY IMAGES

Look who came for dinner!



Public art installation

Whole new world for Columbus

A renowned statue of Christopher Columbus in New York City has its own apartment after it was erected on scaffolding in an art installation by Japanese artist Tatzu Nishi.

The 75-square-metre "living room," complete with sofa, television and coffee table, has been temporarily built around the monument. METRO

Artist's viewpoint

"Obviously, until now, he was up there by himself, alone. So we want to change it into something really homey, warm, (and) domestic feeling."

Japanese conceptual artist Tatzu Nishi For 15 years, Nishi has been installing domestic environments around public monuments.

Artwork in detail

- Meaning.** "A big point of my work is to change this high level (of the statue) to the same level and you see the sculpture really differently," Nishi told reporters.

- It's upstairs.** Installation is accessible via a staircase.

- No more feathers.** "After 120 years with only pigeons for company, Columbus is finally getting a taste of the American dream," Public Art Fund's director Nicholas Baume said.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

100%	0%
CAMOUFLAGE	PLAID
17%	
PAISLEY	
33%	
FLORAL	50%

New York fashion week was all about prints. What will be your spring staple?



@othersome:

you know that kid at the arcade who's just watching the demo and pressing the buttons like they're playing? that's how i handle adulthood

@Extinarelke:

Mission: go from the gym to Starbucks in the ucc, brave the line, and make it to class in 25 minutes #two #firstworldproblems

@jennkims:

#UWO is losing to Queens and

Mac for the free concert.. Lost to mac for football last year too.. Western needs to step up @UWOproblems

@EkoTrev:

Seriously, you won't LET me pay off the rest of my tuition? C'mon! #Fanshawe

@kimberlyjoann11:

Finding that comfortable spot in a lecture chair #impossible #uwo

The puck starts here



Max Domi and the rest of the London Knights are back for another run at the Memorial Cup. Metro takes a closer look at the Knights and their top challengers in the Ontario Hockey League in the following pages. JOHN MATISZ, KATIE NAUSE/METRO

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Brian's
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Adrian's
1925 Dundas St. E.

Paul & Cathy's
960 Hamilton Rd.

Rundle's
635 Southdale Rd. E.

LONDON KNIGHTS 2012/2013 ROSTER



FORWARDS

Jersey #	Name/Age	Height/ Weight	Hometown	NHL rights
77	Josh Anderson/18	6'2"/193 lbs	Burlington	CLB
*18	Alex Broadhurst/19	5'11"/174 lbs	Oak Leaf, IL	CHI
16	Max Domi/17	5'10"/194 lbs	Toronto	N/A
*81	Rami Elouf/17	6'1"/200 lbs	Green Valley	N/A
17	Seth Griffith/18	5'11"/185 lbs	Walla Walla	BOS
53	Bo Horvat/17	6'0"/193 lbs	Rodney	N/A
*90	Jacob Jammies/18	5'10"/180 lbs	Ottawa	N/A
*51	Pabirion Lemppi/19	6'3"/187 lbs	Peterborough	N/A
23	Jack Newland/19	6'2"/192 lbs	Stittsville	N/A
77	Corey Powlley/17	5'8"/163 lbs	Sarnia	N/A
*93	Kyle Platzer/17	5'11"/184 lbs	Waterloo	N/A
13	Adam Perreault/19	6'3"/217 lbs	Thunder Bay	N/A
46	Matt Rupert/18	5'9"/183 lbs	Grand Bend	N/A
84	Ryan Rupert/18	5'9"/190 lbs	Grand Bend	TOR
71	Chris Timney/18	6'1"/187 lbs	Kenswick	SJS
27	Brett Welshka/18	5'9"/189 lbs	London	N/A

DEFENCEMEN

+21	Tyler Ferry/19	6'10"/185 lbs	Richmond Hill	N/A
6	Scott Hamington/18	6'1"/202 lbs	Kingston	PIT
+14	Tommy Hughe/20	6'2"/215 lbs	London	N/A
*4	Miles Liberati/17	6'0"/215 lbs	Chesswick, Pa.	N/A
2	Olbi Maatta/18	6'2"/198 lbs	Jyvaskyla, FIN	PIT
20	Kevin Reimer/19	6'1"/205 lbs	Dryden	N/A
*64	Nikita Zadorov/17	6'5"/228 lbs	Moscow, RUS	N/A

GOALIES

+31	Kevin Ballis/21	6'3"/195 lbs	Balcarres	N/A
*x	Dom Herbst/16	6'3"/181 lbs	Mississauga	N/A
35	John Patterson/18	6'1"/191 lbs	Sault Ste. Marie	N/A

+ = OHL overager / * = OHL rookie

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LONDON KNIGHTS 2012-13

19

London Knights see themselves as a 'measuring stick' as season kicks off

Questions still linger.

Coming off an unexpectedly excellent season, the Knights are back for another try for the Memorial Cup



JOHN MATISZ

john.matisz@metronews.ca

Last season's Memorial Cup run brought a lifetime of memories for the London Knights, and a succinct summary from the boss.

"Last year we were young, didn't know what to expect, and Houser was good," head coach Dale Hunter said, bluntly. "And then the kids got better quickly, and we won the league because of that."

That's a 30-word recap of the 2011-12 season, where the Midwest Division club led the OHL with 99 points in the regular season and then playoff supremacy in just 19 games, before coming within a goal of a national championship.

A handful of difference makers from the win-at-all-costs roster — Michael Houser, Jared



Dale Hunter is back behind the Knights' bench after a stint as head coach of the NHL's Washington Capitals from November 2011 to May 2012. JOHN MATISZ/METRO

Knight, Jarred Tinordi, Greg McKegg, Austin Watson and Vlad Namestnikov — have skipped town for the pro ranks.

2005-06

Remembering 2005-06 — the season following the Knights' other Memorial Cup appearance:

- **Coaches.** Dale Hunter, Jeff Perry, Jacques Beaulieu
- **Leading scorer.** Rob Schremp (57 goals, 88 assists

Losing key pieces is a junior hockey reality, as most teams are forced to reload annually. In the Knights' case, it means the

for 145 points)

- **Regular season record.** 49-35-1-3 (most points in league)
- **Playoffs.** Swept by the Peterborough Petes in the OHL final

third- and fourth-liners from the Memorial Cup run are moving up the pecking order.

"The team was a lot different at the beginning of last year than it turned out to be, so it's hard to compare us now to us back then," said Tyler Ferry, one of two overagers patrolling London's blueline. "But I think our defence is going to be strong again, and we've got guys who can score."

Heading into Friday's season opener, the Knights' identity has yet to be determined. It's too early to tell exactly what mould they'll eventually slide into, especially with several questions lingering.

Can they make strides on special teams? Will the loss of Houser be too insurmountable? Was last year's success a one-off, or is there another gear for the Scott Harrington-led squad?

"We're going to be a measuring stick for other teams. Plymouth has a good team, Sarnia has a good team, and so we're going to have to be ready to play," said Hunter, who is entering his 12th season as bench boss. Asked whether Hunter hockey will be in full effect or not, the Washington Capitals legend offered a short chuckle, then nodded at the question.

Knights predictions

We asked Londoners through social media how they thought the Knights would do this season. Here's what you said:

On Twitter:

@TheRealJeff5

With a large target on their backs this season, the @GoLondonKnights won't be 'surprising' anyone. Definitely team to beat.

@JohnCDay57

@GoLondonKnights should challenge for first overall again this year and have another long playoff run.

@melrosenicole

well of its anything like the last lock out we'll be bringing home the memorial cup. #GoKnightsGo

@KathyMdowntown

The last time there was a lockout, all the stars aligned for a memorable Memorial Cup. Hockey Lives Here!

On Facebook:

Michael McCallum: Top 3!

Ivan Raszl: Top 3 indeed. :)

CHL top 10 rankings

Here are the Canadian Hockey top 10 rankings heading into the 2012-13 season.

Week 1

1. Quebec Remparts
2. Edmonton Oil Kings
3. London Knights

4. Portland Winterhawks
5. Kitchener Rangers
6. Halifax Mooseheads
7. Plymouth Whalers
8. Blainville-Boisbriand Armada
9. Saskatoon Blades
10. Oshawa Generals

London Knights Way

On Friday at noon, Mayor Joe Fontana will join Mark and Dale Hunter for the unveiling of London Knights Way at the corner of Talbot Street and Market Lane. Everyone is invited to attend.

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SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31 SAR 7:30PM	1
			EXHIBITION			
2 SAG 2:00PM	3 SAR 2:00PM	4	5	6	7 PLY 7:30PM	8 PLY 7:30PM
9	10	11	12	13	14	15
16	17	18	19	20	21 ER 7:30PM	22
23 GUE 2:00PM	24	25	26	27	28 KIT 7:30PM	29
30 GUE 2:00PM						

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 SAR 7:00PM	2	3	4 SAG 7:30PM	5 KIT 7:00PM
6	7	8	9	10	11 OTT 7:30PM	12 SAG 7:11PM
13 SSM 7:07PM	14	15	16	17	18 WSR 7:30PM	19
20	21	22	23		24 OTT 7:00PM	25 BELV 7:05PM
27 KGN 2:00PM	28	29	30	31		

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 WSR 7:30PM	6 ER 7:00PM
7	8	9	10	11	12 PLY 7:30PM	13
14 OSH 6:05PM	15	16	17	18	19 ER 7:30PM	20 BAR 7:30PM
21 SBY 2:05PM	22	23	24		25 PBO 7:05PM	26 PLY 7:30PM
28	29	30	31		27 GUE 7:00PM	

FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					BRAM 7:30PM	2 OS 7:30PM
3	4	5	6		7 SAR 7:00PM	8 OS 7:30PM
10 KIT 2:00PM	11	12	13	14	15 ER 7:00PM	16
17 NIA 2:00PM	18 ER 2:00PM	19	20	21	22 SSM 7:30PM	23
24 SAG 2:00PM	25	26	27		28 WSR 7:05PM	

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KNIGHTS SEASON SCHEDULE

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HTS GO! GO KNIGHTS GO!

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	1 WSR 7:05PM	2 BELV 7:30PM	3
4 GUE 2:00PM	5	6	7	8	9 SBY 7:30PM	10 PLY 7:05PM
11 SSM 2:00PM	12	13	14	15 OSH 7:00PM	16 OS 7:30PM	17
18 KIT 7:00PM	19	20	21	22 SAR 7:05PM	23 PBO 7:30PM	24 OS 7:30PM
25	26	27 KIT 7:00PM	28	29	30 BAR 7:30PM	

DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 GUE 7:00PM
2 MISS 2:00PM	3	4	5	BRAM 7:00PM	7 NIA 7:30PM	8
9 MISS 2:00PM	10	11	12	13	14 OS 7:30PM	15 GUE 2:00PM
16 KGN 2:00PM	17	18	19	20	21	22
23	24	25	26	27 WSR 7:00PM	28	29 PLY 5:00PM
30	31 SAR 4:05PM					

MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 SAR 7:30PM	2
3 KIT 2:00PM	4	5	6 OS 7:00PM	7	8 SAR 7:05PM	9
10 WSR 2:05PM	11	12	13 ER 7:00PM	14	15	16 SAG 7:11PM
17 SSM 7:07PM	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



HOME

AWAY

ABBREVIATIONS FOR OHL TEAMS

BARRIE COLTS	BAR	OSHAWA GENERALS	OSH
BELLEVILLE BULLS	BELV	OTTAWA 67s	OTT
BRAMPTON BATTALLION	BRAM	OWEN SOUND ATTACK	OS
ERIE OTTERS	ER	PETERBOROUGH PETES	PBO
GUELPH STORM	GUE	PLYMOUTH WHALERS	PLY
KITCHENER RANGERS	KIT	SAGINAW SPIRIT	SAG
KINGSTON FRONTENACS	KGN	SARNIA STING	SAR
LONDON KNIGHTS	LDN	SAULT STE MARIE GREYHOUNDS	SSM
MISSISSAUGA STEELHEADS	MISS	SUDBURY WOLVES	SBY
NIAGARA ICEDOGS	NIA	WINDSOR SPITFIRES	WSR

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BANNER OR BUST FOR KNIGHTS



John Matisz
john.matisz@metronews.ca

I'm just going to come out and say what's on everyone's mind: Anything short of a successful title defence will be an underwhelming result for the 2012-13 London Knights.

Londoners were spoiled by last year's remarkable run, as nearly everything went right en route to an OHL championship and Memorial Cup final-game loss.

I'm not suggesting they didn't deserve shiny rings — which were inarguably well deserved — but the club was a year, maybe even two, ahead of the curve. When training camp began this season, however, the honeymoon was officially over.

Another 68-game regular season is upon the Knights, and no one's talking about "building toward next year" any more.



The London Knights will rely heavily on goaltender Kevin Bailie this year. Rookie Miles Liberati, dropping to his knees to block a shot in the pre-season, is projected to play third-pairing minutes on defence. JOHN MATISZ/METRO

Predictions

- **X-factor.** Goalie Kevin Bailie
- **MVP.** Forward Seth Griffith
- **Breakout star.** Forward Chris Tierney
- **Super rookie.** Forward Remi Elie

on convenience's sake.

Of course, the Knights at the start of the season probably won't be the Knights who head into the playoffs. General manager Mark Hunter has a knack for dealing and tweaking to improve his squad. We should expect more of that this season.

Up front, there's a vibrant group bursting with potential — one prepared to score more than 275 goals again.

A very strong 1994-born contingent — Chris Tierney, the Rupert twins, Josh Anderson — is about to reach the prime of their OHL careers. If they can complement the crafty types, such as Max Domi and Seth Griffith, the goal-light switch at Budweiser Gardens may be left

For all the reasons above, it's a banner or bust season.

Rogers to televise bulk of games

Rogers television is scheduled to carry all but seven of the London Knights' 68 games this season, as they plan on showing 34 home and 27

away matches. The usual pre-game and post-game shows are back for another go-around. The Warm-Up kicks things off at 7 p.m. before puck-drop at 7:30 p.m. Then, The Wrap will provide in-depth analysis after the final buzzer. METRO

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**Are You
Injured?**





Kyle Platzer, seen here in preseason action, was a prolific scorer last year in junior B as a 16-year-old. JOHN MATISZ/METRO

Platzer set to take on OHL rookie challenges

Development.

First-year player's game has plenty of room to grow: Welychka



JOHN
MATISZ

john.matisz@metronews.ca

Brett Welychka has some advice for the London Knights' rookie class.

"It's 75 per cent mental," the sophomore forward said.

The Londoner is referring to paying your dues at the major junior level and, more specifically, dealing with the formidable task of keeping an even keel through the ups and downs of an OHL season.

Interestingly, first-year forward Kyle Platzer appears to be headed down a similar development path as the one Welychka is still cutting through.

Both played the bulk of their first season as post-minor hockey players in the Golden

Quoted

"I've got a lot of boys on that team, too, so it's going to be interesting."

Waterloo native Kyle Platzer on playing against the Kitchener Rangers, his childhood team, multiple times this season

Horseshoe Junior Hockey League, suiting up in a Knights jersey only a handful of times. Following an impressive showing in training camp, Platzer, 17, appears to be on his way to assuming Welychka's role as a player teeter-tottering from sparkplug one night to healthy scratch the other.

"It's just a process. I have to go out and prove myself the first couple of games," said Platzer, the Knights' 65th overall pick in the 2011 draft.

At times last season, Welychka — now, as an 18-year-old, locked in as a top-nine forward — sat in the stands simply because the league's best squad was knee-deep in skilled forwards.

In July, the gritty winger with undervalued offensive skills was rewarded for his patient attitude. Even though all 30 teams turned a blind eye to him at the NHL draft, the Forest City native managed to earn an invitation to the Toronto Maple Leafs' development camp.

"I took a lot away from it," said Welychka, a Grade 12 student at Saint Thomas Aquinas. "Being one of the guys that proved themselves the most there is definitely a big stepping stone in my hockey career."

So, what can Knights fans expect from Platzer? Well, he's a five-foot-11, 184-pound, right-handed shot from the Waterloo Wolves AAA system. He has an obvious nose for the net, evidenced by the 31 goals in 50 games he registered in junior B as a 16-year-old.

Of course, the hopeful rookie's game has plenty of room to grow, but Welychka believes he'll be just fine.

"He's a good hockey player," he said. "If he does what he's told, he'll have no problem."

Key dates

Here are some dates to keep in mind this season:

- Friday, Knights' season and home opener (vs. Erie Otters)
- Nov. 5 to Nov. 15. Canada-Russia Super Series (in various cities)
- Dec. 26 to Jan. 5. World Junior Hockey Championship (in Ufa, Russia)
- Dec. 29. Hockeytown Winter Festival outdoor game (vs. Plymouth Whalers)
- Dec. 31 and Jan. 1. Annual New Year's home-and-
- Jan. 10 at noon. OHL trade deadline
- Jan. 1. CHL/NHL top prospects game (takes place in Halifax)
- March 17. Knights' regular season finale (vs. Sault Ste. Marie Greyhounds)
- May 17-26, 2013. Memorial Cup in Saskatoon



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Other teams to watch this season

Under the microscope.

The London Knights aren't the only Ontario Hockey League team with Memorial Cup aspirations



JOHN
MATISZ

john.matisz@metronews.ca

Some of London's familiar foes have regrouped and re-loaded for the 2012-13 season.

Let's take a closer look at some of the teams that should be London's top challengers for OHL supremacy, starting up the road in Kitchener.

Online

For more coverage,
check the website
at metronews.ca



Kitchener Rangers (Midwest Division)

The Knights' toughest divisional opponent added a key piece to its core in the off-season, acquiring dynamic forward Matt Puempel from the Peterborough Petes.

The potential 40-goal scorer joins the likes of Dallas Stars first-rounder Radek Faksa and should-be NHL super rookie Ryan Murphy on a roster with its fair share of impressive talent. The Rangers also boast perhaps the scariest 1-2 punch in an OHL crease, with John Gibson and Franky Palazzese standing guard. London meets Kitchener eight times in the regular season — buckle up, folks.



Barrie Colts (Central Division)

Led by captain Ryan O'Connor, ex-Knight Andreas Athanasiou's new club is in line to improve upon its third place showing in the Eastern Conference in 2011-12.

Why? Because they'll have Mark Scheifele, a man amongst boys and future cornerstone of the Winnipeg Jets, in the No. 1 centre spot. Though an end to the lockout will inevitably kill the buzz, Scheifele's presence could easily pilot the Central Division favourites to a blazing start. With exceptional rearguard Aaron Ekblad a year wiser, and goaltender Mathias Niederberger in fine form, the Colts have conference-winning capability.



Owen Sound Attack (Midwest Division)

Out of the trio of second-tier teams in the Midwest Division, the Attack pose the greatest threat to London and Kitchener.

Under the guidance of sophomore coach Greg Ireland and proven overager Nathan Chiaritti, the small-market franchise will again rely on solid backstopping from St. Louis Blues draft pick Jordan Binnington. They aren't scoring deprived — sporting a relatively balanced forward corps — so the progression of promising defencemen, such as Chris Bigras, may be the 2011 OHL champs' tipping point in what projects to be an intriguing season.



Windsor Spitfires (West Division)

Like the Knights of last September, the Spitfires appear to be a full campaign away from making a cannon-ball splash in the high-powered Western Conference.

However, London proved its critics wrong from the get-go, and Windsor's elite talent collection is capable of doing the same. Must-see forwards Josh Ho-Sang, Patrick Sieloff, and Kerby Rychel — all under the age of 19 — bring plenty to the table in terms of entertainment value.

Overall, it won't be tough for the under-.500 squad to improve on its 2011-12 numbers, including its woeful penalty kill, which was third worst in the OHL.



Sudbury Wolves (Central Division)

Sudbury regrouped this summer after a quick, four-game exit in the 2012 OHL playoffs, to claim the Junior Club World Cup.

While not an esteemed title in the hockey realm, any international tournament win is notable.

The Wolves, who will certainly be mourning the loss of the league's leading scorer, Michael Sgarbossa, need to harness its off-season momentum in order to be taken seriously.

There are also questions in goal with Joel Vienneau, but the squad's assemblage of skilled wingers in Nick Baptiste, Josh Veino, and Brody Silk, is set for a productive year.

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Jake Gyllenhaal stars in *End of Watch*. HANDOUT

Reel Guys

RICHARD
CROUSE AND
MARK BRESLIN



Hand-held action.

End of Watch pays homage to gritty crime dramas, but the shaky camera work gives it an artificial feel

Richard: Mark, *End of Watch* is all built up. The movie spends an hour-and-a-half introducing its characters, giving us a slice of LAPD life before topping it off with an exciting conclusion. I could have used less Barf-O-Matic hand-held camera work — sometimes it's hard to tell what's happening — but overall I thought this movie worked because of the naturalistic performances and the climax. You?

Mark: And what performances! Both Jake Gyllenhaal and Michael Peña are first-rate, their naturalistic style perfectly

matching the you-are-there hand-held camera work. But I also thought the dialogue was far superior to most police thrillers. There's no plot, really — it's a series of episodes in the lives of two LAPD officers, which at times seemed reminiscent of the old TV series *Adam 12*. But there are things that are shown in this movie that would never have happened in the more benign TV show.

RC: It's true. It took me a while to warm to the episodic nature of the "story." I found the first half-hour stagey. The having-the-character-film-part-of-the-movie thing has been done to death, and I thought added a level of artificiality that didn't need to be there. Take that out and no one would miss it. But once I allowed myself to be drawn into the performances and the chemistry of the leads, I was sucked in. I thought the female characters were given

more to do than usual in a cop drama, but just barely. Anna Kendrick is so talented, I would have liked to seen her given more to do.

MB: Kendrick barely registered for me; the woman who did was the Hispanic gang leader's significant other. Scary! As far as the ending goes, I thought it was a well-handled climax, but I can't say I didn't see it coming. It's the coda after the climax I thought was unnecessary. It tried to add poignancy to a movie that was thankfully unsentimental throughout.

RC: I agree. It's hard to discuss the end without being spoilerific, but let's say the movie goes from jovial to gritty and then back to jovial again. I didn't love it, but Hollywood seems to be allergic to tragic endings.

MB: Felt like a studio decision

Synopsis

Jake Gyllenhaal and Michael Peña play officers Taylor and Zavala, patrol cops in Los Angeles' tough South Central neighbourhood. A routine traffic stop turns into something bigger when they confiscate money and guns from a cartel member. "Be careful," they're warned by a senior officer, "You just tugged on the tail of a snake that's going to turn around and bite you."

• **Richard:** ••••

• **Mark:** ••••

On the web



Qriket

James Burrows, the director with the golden touch, charms his latest sitcom, *Partners*

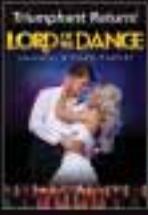
and a focus group to me, Richard. But I enjoyed the film anyway. Just remember that much of it is shot shaky style, so sit at the back of the theatre and bring your Gravol!

2
SCENE

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Selena Gomez walks the red carpet at TIFF during the Hotel Transylvania premiere. GETTY IMAGES

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Selena Gomez can sympathize with Dracula's daughter

Growing pains. Young actress who voices character in Hotel Transylvania knows what it's like to have wanderlust

 **NED EHRBAR**
Metro World News in Hollywood

Being Dracula's daughter can be a drag.

That's the lesson Selena Gomez learned making Hotel Transylvania, in which she voices the 118-year-old perpetual teenager Mavis, living in the titular lodging with her overprotective father (voiced by Adam Sandler) and longing to see the world.

Despite her character's advanced age, Gomez didn't have too much trouble connecting with Mavis.

"I'm not 118, but it's fun for me to kind of grow up," she says.

"I want to be able to see places, too. I get to travel and I'm very lucky to get to go to the places that I go to, but I never actually have been to the places alone or with friends, and I've never had that, so I think I'm going through that a little bit, doing things on my own a little bit more and having a little bit of that freedom."

In that travel that she's already doing — for work, mostly — she sees her fair share of hotels herself, though they don't necessarily make much of an impression.

"To be honest, I'm in places for, like, a day so I don't even know where I'm staying."

"My mom's more about spas, so I just kind of follow my mom," she says.

"We stay in differ-

ent places all the time — fun ones, cool ones. I've stayed in haunted ones too, before."

"It was actually for my birthday, so this sounds a little weird, but I like getting scared. We were on tour and they had me stay in a hotel in Utah and it was haunted."

"Nothing happened, so I was a little bummed, but it was spooky being there."

Having gotten her start on the Disney Channel's Wizards of Waverly Place, Gomez clearly has a thing for the supernatural — even if the connection hadn't occurred to her before now.

"I didn't even think about that. I guess so," she says with a laugh.

"With my show we were able to bring kids' imaginations to life a little bit. We were able to be invisible and fly and walk on walls, and that's stuff that every kid wishes they had the ability to do."

"We're able to kind of bring that alive a little bit, which is something we're doing with this movie as well."

"We're bringing all the characters from Frankenstein to Dracula to new characters like the daughter. It's just fun to kind of bring that to life."

And Gomez isn't so worried about bringing those characters — along with mummies and werewolves and other monsters — to a younger audiences.

"People have kind of changed their perceptions of monsters within tons of movies that have come out, so in a way it's more fun for kids," she says.

"And it's hard to scare kids now, it really is. Going to haunted houses, going to those things, watching those movies, it's hard to scare them."

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Quoted
"I want to be able to see places, too. I get to travel and I'm very lucky to get to go to the places that I go to, but I never actually have been to the places alone. ... So I think I'm going through that a little bit."

Selena Gomez on identifying with her 118-year-old teen character in Hotel Transylvania



Roller Town

Director. Andrew Bush

Stars. Mark Little, Kayla Lorette

Slap-sticked together by Halifax comedy troupe Picnicface, Roller Town is the little indie comedy that could. Not only was it made on a skate-string budget, but the gang decided to spoof the arcane fad of '70s roller-rink films (remember Xanadu?). With plenty of silly gags whirling around a bare plot about a skate king who seeks justice against mobsters trying to kill disco, Roller Town stands out — even if it does lose its wheels by the end.

STEVE GOW



Dredd 3D

Director. Pete Travis

Stars. Karl Urban, Olivia Thirlby, Lena Headey

The hard-edged British future-shock comic book (previously adapted with Sly Stallone as a camp-fest in 1995) becomes a hard-core feature courtesy of writer Alex Garland (*28 Days Later*) and director Pete Travis. *Dredd 3D* is not for the faint of heart, filled as it is with endless skinning, stabbing, shooting and head crushing all rendered in some beautifully designed 3D sequences. Spare on dialogue, long on style, pulsing music and violence, *Dredd 3D* is a gift to serious sci-fi action movie fans.

CHRIS ALEXANDER



Trouble with the Curve

Director. Robert Lorenz

Stars. Clint Eastwood, Amy Adams

Trouble with the Curve is no *Moneyball*. If anything, it's the antithesis to the acclaimed biopic about using science to shape ball teams. In this, Clint Eastwood is an expired scout that, despite failing eyes and curmudgeonly demeanor, picks players the old-fashioned way — on personality. Too bad there wasn't more personality in the film itself as text-book characters and routine plotting leaves *Curve* with a sub-par batting average.

STEVE GOW



House at the End of the Street

Director. Mark Tonderai

Stars. Jennifer Lawrence, Elizabeth Shue, Max Thieriot

House at the End of the Street is notable as actress Jennifer Lawrence's first big screen appearance since her turn in *The Hunger Games*. Marketed as a supernatural spook show for kids, the film is actually a rock solid, dark and suspenseful thriller armed with further evidence of just how good an actress Lawrence is becoming. Although saddled with a youth friendly PG-13 rating and light on anything visceral, *House* is actually ample frightening and even disturbing.

CHRIS ALEXANDER



Celeste and Jess Forever

Director. Lee Toland Krieger

Stars. Rashida Jones, Adam Samberg

While *Celeste and Jesse Forever* may assist in converting Rashida Jones (TV's *Parks and Recreation*) into a mainstream movie star, it certainly does little for Adam Samberg. Co-written by Jones, the quirky premise of a married couple trying to divorce while keeping a close friendship starts strong but soon zeroes in too much on its female lead. Still, this amusing comedy (albeit a bit uneven in tone) should relieve many moviegoers from the exhausting onslaught of blockbusters.

STEVE GOW

"We did five months of ride-a-longs, two to three nights a week. ... What's behind the badge is a real human being and the relationships they have. Like in this movie, what these two characters have is incredibly special."

Jake Gyllenhaal on research he did for his role as a police officer in the new film *End of Watch*.

MWN



THESE PAGES COVER MOVIE START TIMES FROM FRI., SEPT. 21 TO THURS., SEPT. 27. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Mustang Drive-In -London 2551 Wilton Grove Rd.

Diary of a Wimpy Kid: Dog Days (G) Sun 8:05 Tue 8:05 Thu 8:05 House at the End of the Street (14A) Fri-Sun 9:40 Sun 7:55 Tue 7:55 Premium Rush (14A) Sun 9:50 Tue 9:50 Thu 9:50 Resident Evil: Retribution (14A) Fri-Sat 7:55 Sun 9:45 Tue 9:45 Thu 9:45

Hyland Cinema 240 Wharncliffe Road South

Celeste and Jesse Forever (STC) Fri 5:10 Sat 1:10-Sun 1:10-9:10 Mon 3:05-9:10 Tue 5:10-9:10 Wed 3:10-7:10 Thu 5:10 Trishna (STC) Fri 1:10 Sat 2:50-9 Sun 2:50-7 Mon 1:45-5 Tue 3:10 Wed 1:10 Thu 3:10 The Well Digger's Daughter (STC) Fri 3:05-9:10 Sat-Sun 5 Mon 7 Tue 1 Wed 9 Thu 1:10

Rainbow Cinemas London 355 Wellington St.

Dredd (18A) Fri-Thu 1:20-3:45-7:20-9:45 House at the End of the Street (14A) Fri-Thu 1:15-3:30-7:15-9:30 Lawless (14A) Fri-Thu 7:10-9:30 The Odd Life of Timothy Green (G) Fri-Thu 1:325 ParaNorman (PG) Fri-Thu 12:50-3:20 The Possession (14A) Fri-Wed 3:15-9:25 Thu 9:25 Resident Evil: Retribution (14A) Fri-Thu 1:10-3:40-7:25-9:40 Ruby Sparks (14A) Fri-Wed 12:55-7:05 Thu 7:05 Trouble With the Curve (PG) Fri-Thu 1:05-3:35-7:35-9:35 The Words (PG) Fri-Thu 1:05-9:30

Western Film Room 340, UCC Building,

Marvel's The Avengers (PG) Fri-Thu 7

The Room (STC) Fri 12

Wellington 8 Cinemas 983 Wellington Rd. S

Dredd (18A) Fri-Sun 1:30 Dredd 3D (18A) Fri-Sun 4:10-7:10-9:45 Mon-Thu 7:10-9:45 Finding Nemo 3D (G) Fri-Sun 1:20-4:45-6:45-9:20 Sat-Sun

Hope Springs (14A) Fri-Sun 1:15-3:40-6:30-9:10 Mon-Thu 6:30-9:10 House at the End of the Street (14A) Fri-Sun 1:35-4:15-7:40 Mon-Thu 7:40-9:40 Lawless (14A) Fri-Sun 1:10-3:45-6:40-9:25 Mon-Thu 6:40-9:25 The Odd Life of Timothy Green (G) Fri-Sun 1:25-4:20 The Possession (14A) Fri-Thu 7:20-9:50 Resident Evil: Retribution 3D (14A) Fri-Sun 1:40-4:25-7:15-9:35 Mon-Thu 7:15-9:35 Trouble With the Curve (PG) Fri-Sun 1:30-6:50-9:30 Mon-Thu 6:50-9:30

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755 Wonderland Road South

The Bourne Legacy (14A) Fri 4:10-7:40 Sat-Sun 1:4-7-10 Mon 6:45-9:45 Tue 4:10-7:40 Wed-Thu 6:45-9:45 End of Watch (18A) Fri 4:50-7:30-10:10 Sat 7:10-9:50 Sun 9:45-10:10 Mon 7:10-9:50 Tue 4:50-7:30-10:10 Wed 1:20-7:10-9:50 Thu 7:10-9:50 The Expendables 2 (14A) Fri-Sun 6:50-9:30 Mon 7:15-10:1 Tue 6:50-9:30 Wed-Thu 7:15-10:1 Finding Nemo 3D (G) Fri 4:30-7:10-9:50 Sat-Sun 1:30-4:30-7:10-9:50 Mon 7:05-9:40 Tue 4:30-7:10-9:50 Wed 1:15-7:05-9:40 Thu 7:05-9:40 House at the End of the Street (14A) Fri 4:30-7:05-9:40 Sat-Sun 1:50-4:30-7:05-9:40 Mon 7:20-9:55 Tue 4:30-7:05-9:40 Wed-Thu 7:20-9:55 Fri 5:10-7:45-10:15 Sat-Sun 2:30-5:10-7:45-10:15 Mon 8:15-10:15 Tue 7:45-10:15 Wed-Thu 8:15-10:15 Ice Age: Continental Drift (PG) Sat-Sun 1:40 ParaNorman (PG) Fri 4:20 Sat-Sun 1:50-4:20 Tue 4:20 Star & Strollers Screening Wed 1 Resident Evil: Retribution 3D (14A) Fri 5:15-7:45-10:15 Sat-Sun 2:45-5:15-7:45-10:15 Mon 7:15-7:45-10:15 Wed-Thu 7:45-10:15 Fri 7:45-10:15 Sat-Sun 2:40-4:40-7:15-9:50 Mon 8:30 Tue 4:40-7:15-9:50 Wed-Thu 8:30-10:15 The Tempest (STC) Thu 7 Trouble With the Curve (PG) Fri 4:20-7:20-10 Sat-Sun 2:40-4:20-7:20-10 Mon 6:50-9:30 Tue 4:20-7:20-10 Wed-Thu 6:50-9:30 Fri 4:10-6:45-9:20 Sat-Sun

SilverCity London 168a Richmond St

The Bourne Legacy (14A) Fri-Sun 1:30-4:35-7:30-10:20 Mon 1:30-4:15-10:05 Tue 1:35-4:15-7:15-10:05 Wed 1:4-15-7:15-10:05 Thu 1:30-4:15-7:15-10:05 The Campaign (14A) Fri-Sun 1:35-3:50-7:05-9:45 The Dark Knight Rises (PG) Fri-Sun 3:10-6:40-10 Mon-Thu 3:30-6:40-10 Dredd 3D (18A) Fri 1-3:20-5:40-8:10-10:30 Sun 1:30-5:40-8:10-10:30 Mon-Thu 1:40-4:25-9:55 The Expendables 2 (14A) Fri 1:10-3:25-5:45-8:05-10:25 Sat 1:10-3:25-5:45-7:55-10:25 Sun 1:10-3:25-5:45-8:05-10:25 Mon-Wed 1:40-3:55-7:30-9:45 Thu 1:40-3:55-10: Finding Nemo 3D (G) Fri 1:05-3:15-5:25-7:35-10:10 Sat 11:10-1:20-3:30-5:40-7:50-10:10 Sun 1:05-3:15-5:25-7:35-10:10 Mon-Thu 1:50-4:05-7:10-9:30 House at the End of the Street (14A) Fri-Sun 1:30-5:40-8:05-10:30 Mon-Thu 1:55-4:25-7:40-10:05 Lawless (14A) Fri-Sun 2-4:45-7:30-10:15 Mon-Thu 2-4:45-7:25-9:40 Mrs. Doubtfire (PG) Sat 11 ParaNorman (PG) Fri-Sun 12:55 Mon 1:35 Tue-Thu 1:30 Rambo: First Blood Part II (14A) Mon 7:30 Resident Evil: Retribution 3D (14A) Fri-Sun 12:55-3:15-5:35-8:20-10:35 Mon-Thu 2:10-4:30-7:25-9:50 Resident Evil: Retribution — An IMAX 3D Experience (14A) Fri-Thu 1:30-3:40-5:50-8:10:10 Roller Town (STC) Fri-Sun 1:10-3:10-5:10-7:25-10:05 Mon-Thu 2:05-4:10-7:15-9:40 The Tempest (STC) Thu 7 Trouble With the Curve (PG) Fri 4:45-7:35-10:15 Sat 11:15-1:45-4:45-7:35-10:15 Sun 1:45-4:45-7:35-10:10 Wed 1:45-4:45-7:35-10:10 Thu 1:45-4:45-7:35-10:10

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It's getting chilly outside, but that's not necessarily a bad thing. It could give you more time to watch these TV shows in the fall.

METRO WORLD NEWS

1**Partners**

Polar opposite best friend business partners Joe (David Krumholtz), who is straight, and Louis (Michael Urie), who is gay, bicker about work and life, but can't imagine even a day spent without the other. Their relationship becomes even more complicated when Joe proposes to his girlfriend (Sophia Bush). It's your standard odd-couple sitcom, this one relying on quasi-edgy jokes.

Premieres Monday, Citytv.

ALL PHOTOS HANDOUTS

8**Last Resort**

Is there heroism in disobedience? Shawn Ryan — who proved to be a master of the anti-hero with his game-changing cop drama *The Shield* — is behind this tale of a U.S. ballistic missile submarine crew who disobeys unexpected orders to blow up Pakistan and subsequently becomes enemies of the state.

Premieres Thursday, Global

2**The Mob Doctor**

Jordana Spiro (*My Boys*) plays Grace Devlin, a promising Chicago doctor who moonlights for the mob — just in case that wasn't clear from the title. She splits her time between saving lives at a prestigious hospital and stitching up goons in dirty back rooms, thanks to her brother's debt to the mafia.

Airs Sunday, CTV

3**Animal Practice**

Justin Kirk plays a misanthropic veterinarian with a monkey sidekick. If your current Facebook update is some variation on a cute animal picture, video, or inspirational message, set your PVR now.

Premieres Sept. 30, Global

6**Guys with Kids**

From executive producer Jimmy Fallon comes this comedy about three loving dads who don't want to lose their "dudeness" just because they're wearing Baby Bjorns. Just don't get the baby bottle mixed up with the beer bottle, guys.

Airs Tuesdays, Global

7**The Neighbors**

So the neighbours in an idyllic suburban neighbourhood turn out to be aliens. Don't forget that we once all bought the idea of a vampire, Frankenstein monster and werewolf living the quintessential American life over on Mockingbird Lane.

Premieres Saturday, Sept. 26, CTV

Chicago Fire

Law & Order creator Dick Wolf brings his crime-of-the-week storytelling to Chicago, where the heroes are firefighters and paramedics and the foe is a dramatic inferno — when it's not the bickering members of the firehouse themselves. Eamonn Walker, Jesse Spencer and Taylor Kinney star.

Premieres Oct. 10, Global

Arrow

As a rich party-boy-turned-vigilante, Stephen Amell brings depth beyond a broody stare to DC Comics' crime fighter Green Arrow. He's also got muscles — the kind of six-pack that could make Ryan Gosling feel flabby — courtesy of the most jaw-droppingly insane workout regimen ever to appear in a television pilot.

Premieres Oct. 10, CTV Two

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Which sitcom is for you?

Fall TV. Television is crowded with comedy this fall. Thanks to our handy flowchart, DVR overload is a thing of the past. To start, choose whether you prefer the company of friends or family



AMBER RAY

Metro World News in New York

Go On

Matthew Perry stars as a recently widowed sportscaster who finds wacky but loving new friends in a grief support group. Now airing Wednesdays on Global.

The New Normal

Every family has a little crazy in it. The loose screw comes in the form of a bigoted grandma (Ellen Barkin) in this sitcom. A committed gay couple (Andrew Rannells and Justin Bartha) hiring a single mom (Georgia King) to carry their child may seem untraditional, but their situation is full of love (and some bitingly funny moments) regardless.airs Tuesday on CTV.

Ben and Kate

Slacker Ben (Nat Faxon) and frazzled single mom Kate (Dakota Johnson) are odd couple/best friend siblings who become roommates when perennial couch surfer Ben moves in for good. Their affectionately antagonistic relationship will ring true if you grew up close to a brother or sister you also wanted to strangle. Premieres Tuesday, Citytv.

New Girl

As Jess' (Zoe Deschanel) "adorkable" factor was toned down and focus was put on her friendship with her male roommates (Max Greenfield, Jake Johnson and Lamorne Morris, who proved just as capable playing goofy as their female counterpart), New Girl grew to become last season's best buddy comedy — complete with a drinking game, True American. Premieres Tuesday, Citytv.

The Mindy Project

The reasons we fell in love with New Girl apply here — Mindy (Mindy Kaling), an OBGYN who doesn't look like she's moonlighting as a runway model, is successful in her professional life but a total failure when it comes to love. A vet of The Office, Kaling brings optimism to the most cynical comedy — the New York City dating scene — even if she does resort to taking advice from a toy. Premieres Tuesday, Citytv.

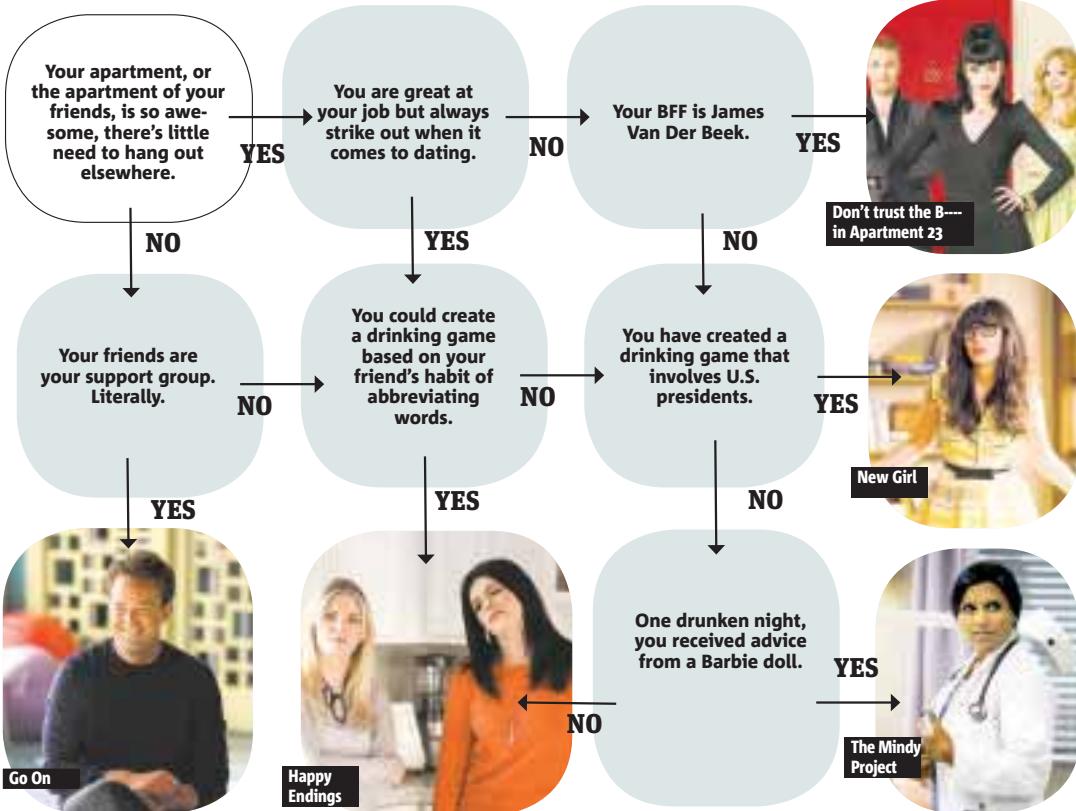
Raising Hope

The Chance family (Cloris Leachman, Martha Plimpton, Garret Dillahunt, Lucas Neff) thrives on chaos. Though the show often hits on whitetrash humour, what the family lacks in funds — or smarts — they make up for in heart. Premieres Oct. 2, Citytv.

Don't Trust the B---- in Apartment 23

If it weren't for con artist Chloe's (Krysten Ritter) loyalty to equally egotistic pal James Van Der Beek (playing a heightened version of himself) or admiration for new roommate June (Dreama Walker) who lost her bigtime NYC gig but won't let the city get her down, Chloe really would be a queen B. Premieres Oct. 22, Citytv.

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A devil of a deal

Finding the perfect Manhattan rental is about as easy as making your wildest dreams come true. Residents at The Drake get both — for a price — on 666 Park Avenue, which premieres Sunday, Sept. 30, on Citytv

AMBER
RAY

Metro World News in New York

Tenants at The Drake really need to start paying more attention to the fine print on their leases. Sure, the address is great, but signing away your soul is a commitment that's difficult to negotiate your way out of on ABC's new supernatural drama, 666 Park Avenue.

The Drake owner Gavin Doran and his wife, Olivia, take special interest in the aspirations of their tenants, particularly those of new building managers Henry Martin and his girlfriend, Jane Van Veen. Before evil forces evict them, meet the new neighbours.



Gavin Doran, owner of The Drake

Is Gavin a representation of the devil? Terry O'Quinn has an interesting take on his self-interested, wicked character. "My theory is that Gavin's kind of a sharecropper on the plantation of evil," the actor says. "He plants the seeds. He only gets half the harvest. He has to feed some back to the building, but he gets his share and he uses people to his own ends." As for the existence of evil in the real world and people's abilities to indulge in deplorable behavior, O'Quinn — who has played his share of bad guys onscreen — believes "it's in (the human) colour wheel. Just depends on how strong it is in yours."



Olivia Doran, wife of Gavin

When Vanessa Williams first read the 666 Park Avenue script, she immediately likened the wealthy real estate icon Gavin to notorious Ponzi schemer Bernie Madoff. "(The Madoffs) had incredible land holdings all over that people knew about and they had a great amount of wealth. And then we all saw the dark side." As for the well-appointed Olivia, Williams says she views her character as "kind of like a mafia wife, where (Gavin) has supreme power. She is aware of a lot of things that happen that are unfortunate. She doesn't know everything in all the details, but she is aware of the makings of what goes on at The Drake."



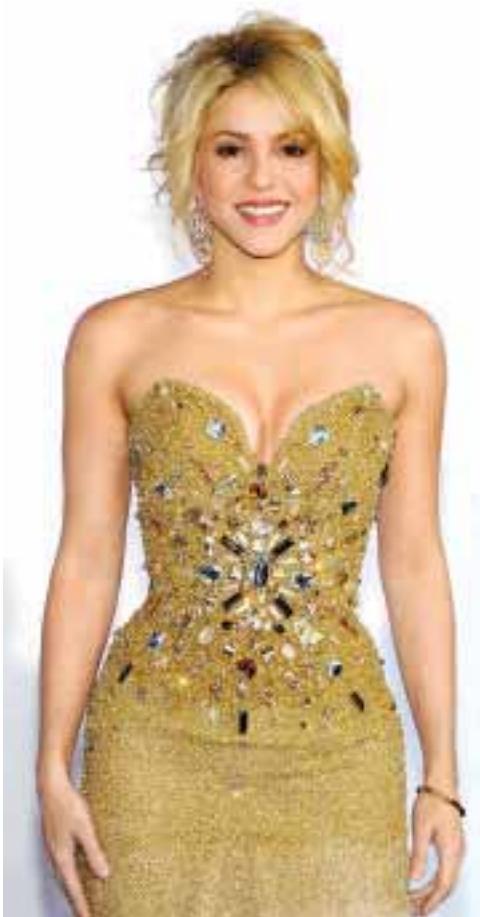
Henry Martin, The Drake co-manager

Freshly transplanted from the Midwest, Henry and Jane's eagerness for the promise of New York City may be their downfall. "There's a reason why they moved to New York, and that's their ambition," Dave Annable says. "And I think that Henry and Gavin, their storylines will intertwine. Gavin takes Henry under his wing. I'm very curious to see how that's going to affect Henry and Jane's relationship over the course of the season."



Jane Van Veen, The Drake co-manager

New to New York herself, Rachael Taylor relates to the allure of The Drake. "I just looked for an apartment in New York City and it was really distressing," she admits. As for what happens after Jane and Henry move in, Taylor says the show strives to keep all of the scary supernatural stuff as grounded as possible. "If you have an instinct that something is a little bit creepy-deep, you will rationally try and resist that as long as you can, because no one wants to really believe that there's a ghost in their basement," she says.



Shakira. ALL PHOTOS GETTY IMAGES

Shakira's hips didn't lie

After months of speculation, Shakira has confirmed that she's pregnant.

"As some of you may know, (boyfriend) Gerard (Pique) and I are very happy awaiting the arrival of our first baby," the singer posted on her website.

"At this time we have decided to give priority to this unique moment in our lives and postpone all the promotional activities planned over the next few days."

Shakira was scheduled to

Quote

"We have decided to give priority to this unique moment in our lives."

Shakira
On taking time off.

perform at the iHeartRadio-Festival this weekend in Las Vegas, but she's cancelled the appearance.

Twitter



@EmWatson

Apparently I'm 'dangerous! I can't do anything to stop these people so please take care and only go to official sources



@JimCarrey

It's getting far too easy to set the world on fire.



@serenawilliams

I have come to my crossroads of destiny. Choose wisely.



@ConanOBrien

Now that all the publicity has died down, you can really find some great deals on Bath Salts.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Amanda Bynes takes on drunk driving rumours



THE WORD

Dorothy Robinson

scene@metronews.ca

Amanda Bynes may be making headlines regularly for her troubles behind the wheel and her increasingly erratic behaviour, but the actress herself is "doing amazing," she tells People magazine during a phone call this week.

"I am retired as an actor. I am moving to New York to launch my career. I am going to do a fashion line," she says. "I am not talking about being arrested for DUI because

I don't drink, and I don't drink and drive."

But while the former Nickelodeon star herself may think everything's fine, her nearest and dearest aren't so confident.

"People around Amanda are really concerned about her," a source tells the magazine. "She tells people she doesn't party or drink. She doesn't realize she has a problem."

And her behaviour is getting even weirder.

On Tuesday night, she was kicked out of a spin class at her L.A. gym, per TMZ. Apparently, the class had started but Bynes stopped cycling and started wandering around the class. Once she found another bike, she hopped aboard but then took off her shirt, revealing a "tiny black strapless push up bra ... not a sports bra," says a witness.



Monica Lewinsky

Lewinsky cashes in on sexy letters

Fourteen years after revelations of her affair with Bill Clinton rocked the White House,

Monica Lewinsky is reportedly telling all with the publication of her love letters to the then-president, according to Page Six.

The former White House

intern was paid \$12 million for the letters, sources say.

"In them, she opened her heart about her love for Bill and how much happier she could make him," a source says.

"Some of what she wrote was so raw that she never sent them."



Katie Holmes

Holmes having trouble controlling Suri post-divorce

Katie Holmes' split from Tom Cruise has not been easy on her six-year-old daughter, Suri, a friend of the actress tells Us Weekly.

"She said the divorce has been hard on Suri and she's acting out," the source says, adding that Holmes is determined to not indulge the girl's every wish just to appease her.

"Katie says no to some things, but gives a little leeway. She knows Tom is going to spoil her."

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This recipe serves eight. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Get comfort-food season started right

Layered Tortilla, Chickpea, Tomato & Cheese Lasagna.
Prepare ahead, freeze and bake when ready



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for more, visit
rosereisman.com

This is one of the most beautiful and delicious recipes to serve. Use a variety of coloured tortillas to make it even more spectacular. When this dish is cut open to expose the tomato sauce, vegetables and cheese, it looks amazing.

1. Preheat oven to 350 F. Lightly coat a 9-inch springform pan

with cooking spray.

2. Lightly coat a non-stick saucepan with vegetable oil and set over medium heat. Add the corn and sauté, stirring often, for about 8 minutes or until slightly charred. Set aside.

3. Add oil to saucepan and keep over medium heat. Add onion and garlic and cook for 4 minutes, stirring occasionally. Stir in the red and green peppers. Cook for 3 minutes, stirring occasionally. Stir in the tomato sauce, charred corn, basil, chili powder and cumin. Cover and cook over medium heat, stirring occasionally, for 10 minutes or until slightly thickened. Remove from the heat.

4. Place the chickpeas in a bowl and mash them roughly with a fork. Add to the vegetable mixture and stir to combine.

5. In a separate bowl, combine ricotta, mozzarella and cheddar cheeses (but reserve 1/4 cup of the cheddar for garnish). Add the milk and salt and pepper and stir until well combined.

6. Place a tortilla in the prepared springform pan. Spread with one quarter of the vegetable-chickpea mixture. Sprinkle with one quarter of the cheese mixture. Repeat the layers 3 times. Top with the final tortilla and sprinkle with the remaining cheddar cheese and the Parmesan cheese. Cover the pan tightly with foil.

7. Bake for 20 minutes in the preheated oven, then uncovered for 10 minutes or until it is completely heated through and the cheese has melted. Cut into 8 wedges with a sharp knife.

ROSE REISMAN'S FAMILY FAVORITES
(WHITECAP BOOKS) BY ROSE REISMAN

Ingredients

- 1 cup canned corn, drained
- 2 tsp vegetable oil
- 1/2 cup chopped onion
- 2 tsp finely chopped garlic
- 1/2 cup each chopped red and green bell pepper
- 2 cups tomato sauce
- 1 1/2 tsp dried basil
- 1 tsp chili powder
- 1/2 tsp ground cumin
- 2 cups canned chickpeas, drained and rinsed

Filling

- 1 cup light ricotta (5 per cent)
- 1 cup shredded low-fat mozzarella cheese
- 3/4 cup shredded light cheddar cheese
- 3 tbsp low-fat milk
- pinch of salt and pepper
- 2 tbsp grated Parmesan cheese
- 5 large flour tortillas

Liquid Assets

Your guide to oyster-friendly wine



LIQUID ASSETS
Peter Rockwell
@therewineguy
liquidassets@eastlink.ca

When you grow up in Nova Scotia, you quickly come to realize that a few things are pretty much a given. 1) You must own Anne Murray's Greatest Hits. 2) Even on a bad day, you have to be friendly to tourists. 3) You're born with a love of fresh seafood.

As a bluenoser, I was brought up on more than just lobster. Scallops and mussels were a menu regular at my house. Sadly, the one mollusk that eluded me as a kid was oyster.

Now that I can eat what I want, I like nothing better than to shuck my way through a dozen or so of our country's amazing oyster output over a glass of one of the many wines that pair so well with them.

If you're up for the classics, a dry French Chablis, Muscadet or anything with champagne in its name is a marriage made in heaven.

A modern take on the perfect pairing is any vino made from sauvignon blanc. New Zealand makes rock solid versions with the Whitehaven 2010 Marlborough Sauvignon Blanc (\$17.99 - \$19.99), a citrus-infused wonder that plays so well with oysters when both meet in your mouth.

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team with Matt Damon
to raise money for
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Have a few gaps in your schedule you're looking to fill? Whether you're hoping to dance, drink or just relax, check out these hot upcoming events.



New market menu

For good eats, stop by Up Front at the Market, formerly Strathtroy's Up Front Café, located in Covent Garden Market (130 King St.). With dishes like calamari, Caribbean jerk ribs, Macho Nachos and retro pulled pork potato skins — all priced under \$14 — this new fall menu is a must-try. For something a little more indulgent, the Hot Diggity Dog is sure to please: a 12-inch all-beef hot dog served on a homemade bun, topped with fries and fresh black bean and corn chili. Open daily for lunch and dinner.



The Naked Truth

We've all heard about them, but it's not every day you hear of someone getting a summer job at a nudist colony — and even more seldom do they write a book about it. But that's just what 98.1 Free FM morning host Lisa Brandt did with her new e-book, *The Naked Truth*. Brandt tells the story of a summer of her youth as a live-in worker at a nudist resort near Hamilton, Ont. and all the strange encounters you might imagine that entail. Available for tablets, e-readers and smartphones for \$2.99 on lisabrandt.ca.



Motown dance party

If driving to Toronto isn't your thing then let Toronto come to you. On Saturday, a Toronto Motown tradition comes to London. From Good Kids Events, the Motown party plays the best music from the Motown, Stax and Tamla labels. It's been a highly successful monthly event in Toronto and now it's coming to APK Live (340 Wellington St.). For just \$5, dance the night away to Stevie Wonder, Marvin Gaye, Smokey Robinson, and more. Nineteen and over, limited occupancy — arrive early.



Odium kicks off tour

If you'd rather listen to Tool than The Temptations, make sure you're at the Richmond Tavern (370 Richmond St.) on Saturday, when Walkerton metal band Odium takes the stage to kick off its tour of Ontario and Quebec. Loud and fast but also melodic and complex, fans of acts like Killswitch Engage and Lamb of God will not be disappointed. No cover.



Othello

Often considered one of Shakespeare's best scripts, the tragedy of Othello is playing until Saturday at the ARTS Project (203 Dundas St.). With themes of racism and jealousy, this is one of Shakespeare's most human tragedies. This production will add a modern twist, putting Othello in command of a unit of the Canadian military in war-torn Afghanistan. Tickets are \$20 at the door or in advance by calling 519-642-2767. Shows on Friday at 8 p.m., and Saturday at 2 and 8 p.m.



MIX OF SIX
Julian Uzielli
london@metronews.ca



Fisher & Cousins at the Aeolian

Jeremy Fisher will be performing at Aeolian Hall (795 Dundas St. E) along with Rose Cousins on Friday. The two folk singers come to London from Montreal and Halifax, respectively, and each brings a unique flavour — Fisher with his acoustic, organic sound and Cousins' sincere lyrics and east-coast flair. It's \$20 in advance at the Aeolian Box office, 519-672-7950, Grooves (353 Clarence St.) and Village Idiot (135 Wortley Rd.) or \$25 at the door.

Throw a dinner like Padma Lakshmi

Party planning.

The Top Chef host, cookbook author, model and actress takes the stress out of impressing guests

MEREDITH ENGEL

Metro World News in New York City

Make your shopping trips easier

Maybe you need some weird spice or some specialty ingredient ... You can always call ahead," Lakshmi advises. "Call the spice shop and say, 'Hi, I'm coming down to pick up yuzu, do you have it in stock? Can you save a bottle by the register? I'll be there in half an hour.' That way, you know it's waiting for you. Even give them a credit card, have them run it. You pick it up, you sign the bill, you're home that

much faster.

Design the menu around your guests

If you have a guest list of people you know well and you know that a certain person likes a certain dish, it is nice to make it for them because it shows you're thinking about them and what pleases them. The No. 1 thing that a good host or hostess should remember is that hosting a party is about making others feel wel-

come. It's about making other people feel loved and thought about and making other people have a good time.

Prep early so you can enjoy yourself

The No. 1 key to having a good party — whether it's a cocktail party or a barbecue or a formal dinner party — is when the host is relaxed. The way to ensure that is preparation. Don't wait until the last minute to go shopping or plan your menu. Try to plan a menu that has at least half or two-thirds of the items on it that can be made ahead ... You want to make things that are easy on you. Nobody comes to a party for the food. They actually really come to the party for the people.

Serve a buffet

If it's a dinner party for more than six or eight people, I always do it buffet. It allows your guests to mingle with other people rather than just the person to their left and right, and it allows you to have more guests rolling in and out.

Choose the right music

Music is important in the beginning, especially when the first guests are arriving



A relaxed host is one of the keys to a successful dinner party. GETTY IMAGES

— so there's not crickets or silence. If you're planning a soundtrack, you should plan it for the whole evening; maybe cocktail-y music at

the start. During dinner, I like jazz or classical, mostly instrumental, because I'm interested in the conversa-

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Star exodus to Europe not all rosy, IIHF head says

NHL lockout. ‘Integrity of game’ should come before short-term business gains: Fasel

The flow of star players to European teams during the NHL lockout could distort national competitions, International Ice Hockey Federation president Rene Fasel said Thursday.

Fasel told The Associated Press that he balanced the increased attention for European hockey against potential damage to the integrity of leagues, especially if players return to North America mid-season.

“It’s questionable how fair it is to the others (teams) and the whole league system,” Fasel said by telephone from Tokyo, where the governing body has its congress next week.

“The integrity of the game is, for us, something very important. It’s not just business,” the world hockey leader said. “We play the game for the hockey fans, but sport should always be No. 1. Sport should also be about fairness to everybody.”

Since the lockout started, players have turned to Europe to find playing time and salaries until the stalemate between the league and NHL players’

Quoted



“We are planning as if they will be there.”

IIHF head Rene Fasel on the prospect of NHLers playing at the 2014 Olympics in Sochi

union is resolved.

Fasel said it is good for fans to see stars come home, including two-time MVP Alex Ovechkin to Russian club Dynamo Moscow and New York Islanders captain Mark Streit with Switzerland’s best-supported club, Bern.

“That is very positive, there’s no doubt,” said Fasel, a former Swiss league referee. “Mark Streit never played in Switzerland when he was a junior. Now he can come back and play for a top team as a big star — that’s a great story.”

Still, Fasel acknowledged mixed feelings.

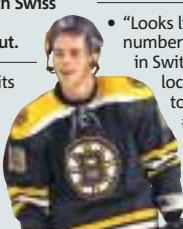
“You have to pay the insurance (for salaries) and we know most of the clubs have troubles with their budgets, so they should be careful,” he said. “There are some teams in Switzerland that will never be able to pay half a million and more to hire these guys.”

THE ASSOCIATED PRESS

Seguin goes Swiss

Boston Bruins centre Tyler Seguin is set to sign with Swiss team EHC Biel for the duration of the lockout.

- The team said on its website that Seguin is expected to join the Swiss A League team Saturday and could be eligible



to play next week.

- “Looks like I’m wearing number 9 for EHC Biel in Switzerland till the lockouts done. Excited to play next week. #illmissthebruinsfans,” Seguin posted on his Twitter account.

THE CANADIAN PRESS



NFL

‘I’m playing’: Jets’ Revis ready to go

Darrelle Revis is back in action for the New York Jets.

The All-Pro cornerback was cleared Thursday for contact in practice for the first time since suffering a concussion in the team’s season opener. And, as far as Revis is concerned, there’s no doubt he’ll be on the field against the Dolphins in Miami.

“I’m playing,” Revis said after practice. “The doctors cleared me, so I’ll be playing Sunday.”

THE ASSOCIATED PRESS

A’s show blowout power to take finale in Detroit

Thursday’s game

12

Athletics

4

Tigers

two games, Oakland held down Miguel Cabrera to win the finale. Cabrera singled in four at-bats, and tops the AL in batting at .333.

Josh Donaldson hit a go-ahead single in a four-run sixth inning that made it 6-3, then hit an RBI double to cap a six-run ninth that included Smith’s three-run double.

Pat Neshek (2-1) retired the only batter he faced and got the win.

Anibal Sanchez (3-6), who held Cleveland hitless for 6 2/3 innings in his last start, gave up six runs on six hits and two walks in 5 2/3 innings.

THE ASSOCIATED PRESS

Baseball

Canada gets ball rolling vs. Britain

A late offensive surge turned a tight game into a seven-inning rout as Canada started its journey back to the World Baseball Classic with a decisive win.

Canada scored eight runs in the seventh inning Thursday to beat Great Britain 11-1. It looked like it would be close after a Britain home run cut Canada’s lead to 3-1 after six innings, but instead Canada’s huge seventh saw the game end early on the 10-run rule.

THE CANADIAN PRESS

4
SPORTS

Mobile sports



Qriket

Ryan Clark has spent the better part of a decade playing alongside — and often in the shadow of — Troy Polamalu. With the Pittsburgh Steelers’ All-Pro safety injured, however, Clark has a chance to showcase his own playmaking ability.

Bisping throws down fighting words



Michael Bisping, left, and Brian Stann face off during the UFC 152 pre-fight press conference in Toronto on Thursday. Stann will be fighting Bisping at the Air Canada Centre on Saturday. MATTHEW SHERWOOD/THE CANADIAN PRESS

UFC 152. The Count offers verbal jabs at opponent heading into their bout on Saturday

English middleweight Michael (The Count) Bisping stole the show at the UFC 152 news conference Thursday, jamming his face into opponent Brian (All American) Stann as the two posed for photos.

Bisping and Stann stood nose-to-nose, then the Brit leaned forward and edged his forehead into the American's face. Stann moved back a step and then stood his ground, their eyes locked.

When they broke the pose, Stann paused before being the first to put out his hand and they shook.

Quoted

"Life is about moving forward ... I believe a good performance (Saturday) will definitely help people forget."

Light-heavyweight champion Jon Jones on his part in the cancellation of UFC 151

But the former marine war hero did not remain with Bisping for a secondary pose for photos. Instead, clearly not happy, Stann glared at the English fighter from the side of the stage while a smirking Bisping took centre stage alone to adopt a fighting stance.

Bisping added some trash talk later in the day.

"He put his nose against mine and it was like an Eskimo kiss, so I pressed my forehead again his," Bisping said. "I saw all the macho-ness drain out of him like someone had pulled a plug in a bath. He looked like a little girl who had got separated from her parents at Disneyland and has wet herself, and was all alone and scared."

"He knows he can't win this fight. He probably called home right away and said 'Honey, I'm not getting a win bonus. Hold off on ordering that new kitchen.'"

Tweeted Stann: "Sat cannot come soon enough."

There were no such fireworks when light-heavyweight champion Jon (Bones) Jones and challenger Vitor (The Phenom) Belfort or flyweight title contenders Joseph Benavidez and Demetrious (Mighty Mouse) Johnson faced off.

THE CANADIAN PRESS

Soldiering on

Stann keeps fighting in perspective

Brian Stann's military experiences and events like his brother-in-law's sudden death put things in perspective, and also serve as a reminder that things are not always as they seem.

"I'm here doing this right now because I want to provide for my family," Stann, a father of two, said of his fighting career.

Stann has drawn the line recently on discussing his own experiences on the battlefield, specifically the Silver Star he won for his heroics during a six-day firefight in Iraq in 2005.

But he says they also put cage-fighting in perspective.

"The worst things that happens in the Octagon is maybe a broken nose, a busted lip. Really the ultimate injury is your pride, that's it."

THE CANADIAN PRESS

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Horoscopes

Aries

March 21 - April 20

You may come under a lot of pressure today but you have always been the sort who knows how to raise your game when the heat is on, so you'll do OK. But try not to put any friendships at risk.

Taurus

April 21 - May 21

The only way you are going to get things done, and get them done right, over the next 24 hours is if you do them yourself. Fortunately, with your ruler Venus on good terms with Jupiter, you won't lack enthusiasm.

Gemini

May 22 - June 21

You may be entirely in the right but be wary of starting a feud with someone who may, in the long-term, prove stronger and more ruthless than you. Maybe this time it would be wise to back down.

Cancer

June 22 - July 23

You seemed determined to put yourself to the test, to prove that you have what it takes. But who are you trying to impress: yourself or other people? If it's the latter, you need to change your outlook a little.

Leo

July 24 - Aug. 23

Because you are trying to do several tasks at once, things have begun to go wrong. But, being the stubborn sort, you refuse to change. Do you really want to end up further away from your goals than when you started?

Virgo

Aug. 24 - Sept. 23

Your eagerness to succeed could lead you to show your hand too soon and make it easy for rivals to work out what you are trying to do. Don't tell anyone, not even friends, what they don't need to know.

Libra

Sept. 24 - Oct. 23

Avoid petty disputes today. With your ruling planet Venus on good terms with big-hearted Jupiter, the last thing you want is to get caught up in other people's squabbles. Your sights are set on bigger and better things.

Scorpio

Oct. 24 - Nov. 22

You will go over the top in some way today but somehow it will all come right for you — which may be a huge surprise. Both financially and professionally, it seems you can do no wrong at the moment.

Sagittarius

Nov. 23 - Dec. 21

Just because other people are going to extremes does not mean you have to do the same. In fact, the planets warn that if you go too far today, in any direction, you will regret it over the weekend. Play it safe.

Capricorn

Dec. 22 - Jan. 20

You don't have to be assertive, or even aggressive, to get what you desire. Venus and Jupiter come together in such a way that you can quite easily persuade others to give it to you. Don't abuse the situation though.

Aquarius

Jan. 21 - Feb. 19

Something unexpected will happen over the next 24 hours and it will be the kind of something you enjoy. Most likely a relationship will move to a higher level. Suddenly you are on the same wavelength.

Pisces

Feb. 20 - March 20

With Jupiter, planet of excess, strong in your chart there is a possibility that you will take the kind of risk that is best avoided. On the other hand, if you don't take a risk how will you progress? It's your choice.

SALLY BROMPTON

Crossword: Look for Two PMs

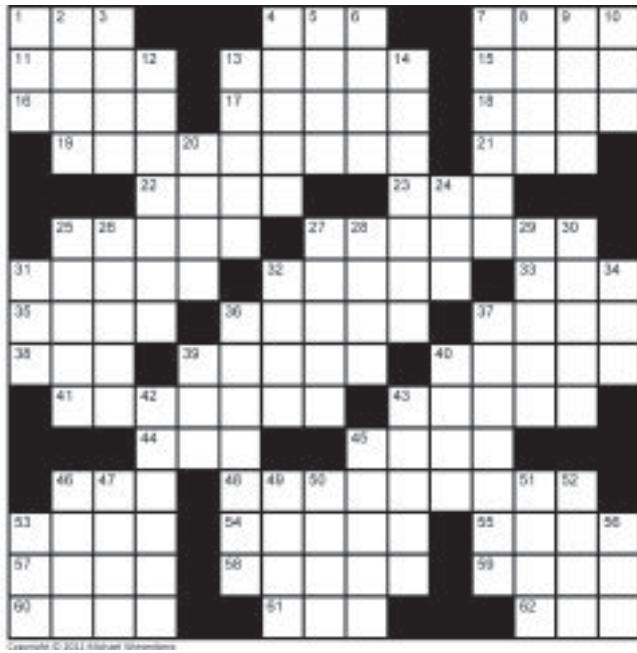
BY MICHAEL WIESENBERG

Across

1. Male offspring
4. Big Mac holder
7. Alta. neighbor
11. Canadian ___: talent show
13. Bullfighters' garb
15. Bangkok citizen
16. Ontario-born *Scream* star Campbell
17. About 1.057 US quarts
18. At the center of
19. Saskatchewan's largest city
21. Actor Gibson
22. What cabbies and waiters live on
23. Oil or gas additive: initialism
25. Deep valleys
27. See 12-Down
31. Roger ___: Bond player before Dalton
32. Liberal ___
33. High def tape
35. Holier-than-thou type
36. Racket
37. *Daily Planet* reporter Lane
38. Negatives
39. "I ___ Know What Time It Was"
40. Fill the crevices of, as a window frame
41. Internet transmission
43. Becomes indistinct
44. Big truck
45. Back of the bus
46. Sheepish sound
48. Halifax group whose 1981 hit "Just Between You and Me" charted in Canada (#6), the US (#21), and the UK (2 wds.)

Down

53. Firing range pieces
54. Centerpiece of many a Sunday dinner
55. "Electric" fishes
57. Bible vessels
58. Early poker pot makers
59. Outbreak
60. Mule's cry
61. Affirmative
62. Fore site
1. One of seven deadly attributes
2. Appreciative verses
3. ___ Scotia
4. Prepares a hook
5. Not more than (2 wds.)
6. Fiddler while Rome burned
7. Calgary's NHL team, familiarly
8. "Alas!" (2 wds.)
9. Explore the seven seas
10. Joke around with
12. With 27-Across, 14th PM (1963-68) (2 wds.)
13. Applauds
14. Endowed with physical feelings
20. Cows, archaically
24. Attempt
25. You'd better ___: "Please leave" (2 wds.)
26. Like a tooth almost ready for the Tooth Fairy
27. Change the wall color
28. Former: poetic
29. Smell
30. Carpenter's supply
31. AOL rival
32. Pea containers
34. Said singly or in repetition, "Shame on you!"
36. Falls between Canada and the US
37. PM Wilfrid
39. Start of the VIIth century
40. Cat's scratcher
42. Impudently bold
43. Alternatives to suspenders
45. Goes up



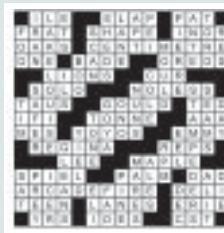
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46. Raymond ___: New Westminster, BC-born Perry Mason portrayer
47. Ottawa-born singer Paul whose first hit was "Diana" (1957, when he was 14)
49. Polo animal
50. 2.5%/year interest, e.g.
51. Tidy
52. On the other hand
53. Gift of ___: conversa-

tionalist's forte

56. That girl

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

1	4	6	2	7	8	9	5	3
8	2	9	5	6	3	1	7	4
3	5	7	9	1	4	2	6	8
2	3	1	4	5	7	9	6	0
6	8	4	7	2	1	3	8	5
5	7	8	6	3	9	4	2	1
7	1	3	8	9	6	5	4	2
9	6	5	3	4	2	8	1	7
4	8	2	1	5	7	6	3	9

9	7	4	1	
2		7	8	
4	1	9		
	9		8	
9	3	7		5
3		6		
2	8	4		
5	9		1	
4	5	3	6	



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Newly redesigned from the ground up this exciting vehicle is standard with:

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PLUS
• 5 Year Warranty!!!

0.9%
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\$27,999 **\$196**
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The loaded luxury sedan that surprises everyone that drives it. Loaded premium package.

Save at the pumps with the gorgeous Sonata Hybrid, loaded with options and you save big at the pumps!

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HUGE DEALS on 2013's!

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Nicely loaded with power option group A/C-5 year warranty and more.

\$109
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\$0DOWN
0.9%•84mths

22 IN STOCK



**2013 HYUNDAI
ELANTRA GL SEDAN**

It's easy to see why Elantra was car of the year with power option group, automatic A/C, 5 year warranty and more.

\$139
BIWEEKLY
\$0DOWN
1.9%•84mths

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**2013 HYUNDAI
ELANTRA 5 GT**

It's the new sporty 5 door hatch loaded with power option group, A/C, driver adjustable steering 5 year warranty and more.

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BIWEEKLY
\$0DOWN
1.9%•84mths

24 IN STOCK



**2013 HYUNDAI
SONATA GL SEDAN**

The stunning mid size sedan that has everyone talking. Equipped with power option group A/C automatic, great mileage, 5 year warranty and more.

\$159
BIWEEKLY
\$0DOWN
2.99%•84mths

16 IN STOCK



**2013 HYUNDAI
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The perfect size suv. Nicely equipped with power option group A/C automatic, great mileage, 5 year warranty and more.

\$169
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0.9% • 84 mths

ALL PAYMENTS INCLUDE ALL TAXES!

*Vehicles are not exactly as illustrated, sale price includes vehicle, fees and freight, lic and \$5 omvic fee plus HST extra. Payments include fees, and are HST included. Lic and omvic fee extra. Rates vary as listed and are OAC. Eq. 2013 Accent is 182 payments at 0.9% cost of borrowing is \$618.23. Prices and rates subject to change.



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